

WINTER
2015/2016

Kent Parks, Recreation & Community Services
Program Guide

**Classes, Sports, Arts & Entertainment,
Teen Programs, Adult 50+ Activities**



WebReg Registration **Nov. 30** • Open Registration **Dec. 2**
webreg.KentWA.gov • KentWA.gov



2015/2016 WINTER PROGRAM GUIDE



Mayor's Message

Thankfully we haven't experienced severe winter weather in several years, and predictions from the Farmers' Almanac are for another mild, but wet winter. Here in the Northwest, we're fortunate not to have extended periods of bitter cold or snow - conditions that make it increasingly difficult to stay active.

Whatever Mother Nature has in store, it's a great time to discover some indoor activities that engage the mind, body and spirit.

This edition of the Kent Parks Guide provides many opportunities to stay active and I think you will be pleased with the wide variety of classes, activities and services to keep you busy, entertained and engaged.

Why not kick off the season with Kent's Winterfest followed by the Christmas Rush Fun Run/Walk? If you prefer the indoors, Kent4Health hosts free indoor walks each Monday and Thursday at ShoWare Center from 9-11 a.m.

There are so many wonderful programs to take advantage of that help us socialize and stay active. Bundle up if you're headed outdoors, or stay in and have fun learning something new. Whatever you choose, be safe and enjoy!

City of Kent Parks, Recreation & Community Services Mission Statement

"Dedicated to Enriching Lives"

We are committed to providing safe and inviting parks and facilities, meaningful and diverse recreational programs, cultural activities and human services.

Our staff is responsive, positive and ethical in their dedication to delivering:

Personal Benefits that strengthen self esteem, improve health and promote self sufficiency.

Social Benefits that bring families together and unite people within our diverse community.

Economic Benefits that welcome new business relocation and expansion which leads to a more productive work force and increased tourism opportunities.

Environmental Benefits that protect and preserve natural areas, open space and enhance air and water quality.

Statement of Inclusion

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

In using City Park Facilities for any adult or youth community athletic program, as that term is defined in RCW 49.60.500, no group may discriminate in program participation on the basis of sex.

ADA Access



The City of Kent is committed to providing programs and services accessible to individuals with disabilities. Requests for special accommodations will be considered on a case-by-case basis. For TDD users, call 1-800-833-6388; Telebraille, 1-800-833-6385 and voice, 1-800-833-6384. This service provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

*Programs sponsored in cooperation
with the Kent School District.*

From the cover: Adult 50+ Programs
year round

STAFF

CITY OF KENT

Mayor Suzette Cooke
Chief Administrative Officer
..... Derek Matheson

CITY COUNCIL

Dana Ralph, President Dennis Higgins
Jim Berrios Deborah Ranniger
Bill Boyce Les Thomas
Brenda Fincher

PARKS COMMITTEE

Deborah Ranniger, Chair;
Brenda Fincher, Dennis Higgins
Meets: 3rd Thursday of every month at 5:00 p.m.

ARTS COMMISSION

Lynn Bohart, Sharona Chandra, Dan Cox, Bayard
DuBois, Jennifer Dye, Tonya Goodwillie, Wendy
Johnson, Elena Luna, Susan Machler, Linda
Mackintosh, Kathy Morelli, Suzanne Smith, Jen
Treese
Meets: 4th Tuesday of every month at 5:30 p.m.

PARKS ADMINISTRATION

Parks, Recreation & Community
Services Director Jeff Watling

DIVISION HEADS

Facilities Superintendent Alex Ackley

Golf Maintenance
Superintendent Pete Petersen

Housing & Human Services
Manager Merina Hanson

Parks Planning & Development
Superintendent Hope Gibson

Parks Maintenance
Superintendent Garin Lee

Recreation & Cultural Services
Superintendent Lori Hogan

EARLY REGISTRATION

Kent Parks is offering WebReg users the opportunity to register two days earlier than participants faxing, mailing, phoning or walking in their registrations.

Registration using WebReg, webreg.KentWA.gov will begin at 12:01 a.m. on December 30. Open registration December 2.

To use this system, please have the following ready:
Family PIN, Client Number, Class Course Numbers and a Visa or MasterCard
For more information, please call (253) 856-5000.

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Kent Parks, Recreation & Community Services Department

Adaptive Recreation/Youth & Teen Programs	(253) 856-5030
Administration	(253) 856-5100
Cultural Programs	(253) 856-5050
Cultural Program Ticket Sales	(253) 856-5051
Event Information (Recorded)	(253) 856-5060
Facilities	(253) 856-5080
Home Repair	(253) 856-5065
Human Services	(253) 856-5070
Kent Commons Offices/Registration	(253) 856-5000
Kent Senior Activity Center (Adults 50+)	(253) 856-5150
Maintenance	(253) 856-5120
Planning & Open Space	(253) 856-5110
Sports Rainout Line/Inclement Weather	(253) 856-5020
TTY (for hearing impaired)	(800) 833-6388

Kent Community Food Bank

Kent Downtown Partnership

Kent Meridian Pool

Kent Parks Foundation

Kent Valley Ice Centre

Riverbend Golf Course

Riverbend 18-Hole Course/Tee Time	
Reservations/Information	(253) 854-3673
Riverbend Par-3 Course	(253) 854-4653
Riverbend Driving Range/Miniature Golf	(253) 856-5175

Notice to our customers: Effective March 21, 2012 a \$1 technology fee per transaction is being applied to support systems that provide convenience and efficient service delivery.

Save the Date

December - April 1st - Spotlight Series.

December 4th & 5th - Kent Commons Holiday Bazaar – Kent Commons

December 12th - Christmas Rush Fun Run/Walk – Hogan Park at Russell Road

March 12th - Kent Kids' Arts Day - Kent Commons

March 31st - Vegas at Kent Place - Kent Senior Activity Center

April 23rd - Earth Day in Kent - Parks Planning and Development

Inclement Weather Policy

The safety of program participants is a prime consideration when determining if programs should be cancelled due to inclement weather. Parks Department classes and programs are cancelled when the Kent School District closes due to inclement weather. For information about evening or weekend cancellations, please call 253-856-5020. Possible exceptions may include performances; please call the Cultural Programs office at 253-856-5050. For activities scheduled at non school district facilities, please call the facility; Kent Commons 253-856-5000; Senior Center 253-856-5150; or Adaptive Recreation 253-856-5030 for information regarding activities and facility operation.

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@cityofkent



youtube.com/kentTV21

KentWA.gov

DriveKent.com

KentCodeRed.com

CrimeReports.com

PRESCHOOL PROGRAMS

PARENTS

Preschool classes for ages 3 and up are designed for children only. Please check with your instructor to learn when the parent observation day will be. If you wish to participate with your child, please register for a parent/tot or parent participation class.

Activities



INDOOR PARK (10 mos–4½ yrs)

Tuesdays, Wednesdays and Thursdays from 9:30–11:00 a.m.

Come and experience our Indoor Park, a traditional outdoor playground brought inside. On Tuesday, Wednesday and Thursday mornings, play with our toys, balls and playground equipment in a dry and safe environment.

Parents are required to supervise their children at all times (maximum of three children per adult). Cost is \$2 per visit for the first child and \$1 for each additional child, or buy a 10-visit pass for \$15. Call (253) 856-5000 for more information.

Tuesday, Wednesday & Thursday - 9:30-11:00am

November 17, 18, 19, 24, 25

December 1, 2, 8, 9, 10, 15, 16, 17

January 5, 6, 7, 12, 13, 14, 19, 20, 21, 26, 27, 28

February 2, 3, 4, 9, 10, 11, 23, 24, 25

March 1, 2, 3, 8, 9, 10, 15, 16, 17, 22, 23, 24, 29, 30, 31

No Indoor Park: 11/26, 12/3, 12/22-12/31, 2/16-2/18

LITTLE EXPLORERS WORKSHOPS (Ages 3-5)

Explore, experiment, discover, and play with us! The Witty Scientists will take you from your playground to a witty laboratory! Every week you will wear the 'lab coat' of a different scientist. As a witty chemist, you will make amazing reactions; as a geologist, you will erupt volcanoes; as a physicist, you will play with forces of nature; as an environmentalist you will recreate weather, and as a detective you will decode an Invisible Woman's message. For more information visit www.wittyscientists.com - New experiments weekly.

56789	W	10:00 am-11:00 am	1/13-2/3
57402	W	10:00 am-11:00 am	2/10-3/2
57677	W	10:00 am-11:00 am	3/9-3/30
Kent Commons	W. Scientist		4 sess/\$72

LITTLE MOZART'S MUSIC (Ages 3-8)

Bring out the musician inside your child with this fun program that starts your Little Mozart on their way to learning rhythm, timing, melody and notation. They'll have fun singing and moving, clapping and tapping with Mozart Mouse, Beethoven Bear and Music Friends. A variety of tuned, auxiliary and multicultural percussion instruments will be used during class. New material introduced every quarter and students progress at their own pace.

56756	Tu	1:00 pm-2:00 pm	1/5-3/22
Kent Commons	S. Anderson		10 sess/\$100
No class 1/26, 2/16			



PLAY TIME PALS

Enjoy time together singing, learning, getting messy and playing in an inclusive preschool class led by an early childhood specialist. Children will develop friendships with a wide variety of peers, some of whom have special needs.

Ages 20 Months - 36 Months

56772	M	9:00 am-10:30 am	1/4-2/8
SKIP/CTC	C. Staff		5 sess/\$35
No class 1/18			
56783	Tu	9:00 am-10:30 am	1/5-2/9
SKIP/CTC	C. Staff		6 sess/\$42
56785	W	9:00 am-10:30 am	1/6-2/17
SKIP/CTC	C. Staff		6 sess/\$42
No class 2/3			
56787	Th	9:00 am-10:30 am	1/7-2/11
SKIP/CTC	C. Staff		6 sess/\$42
56784	Tu	9:00 am-10:30 am	2/16-3/29
SKIP/CTC	C. Staff		7 sess/\$49
56788	Th	9:00 am-10:30 am	2/18-3/31
SKIP/CTC	C. Staff		7 sess/\$49
56782	M	9:00 am-10:30 am	2/22-3/28
SKIP/CTC	C. Staff		6 sess/\$42
56786	W	9:00 am-10:30 am	2/24-3/30
SKIP/CTC	C. Staff		6 sess/\$42

Ages 24 Months - 42 Months

56771	M	11:00 am-12:30 pm	1/4-2/8
SKIP/CTC	C. Staff		5 sess/\$35
No class 1/18			
56774	Tu	11:00 am-12:30 pm	1/5-2/9
SKIP/CTC	C. Staff		6 sess/\$42
56776	W	11:00 am-12:30 pm	1/6-2/17
SKIP/CTC	C. Staff		6 sess/\$42
No class 2/3			
56778	Th	11:00 am-12:30 pm	1/7-2/11
SKIP/CTC	C. Staff		6 sess/\$42
56775	Tu	11:00 am-12:30 pm	2/16-3/29
SKIP/CTC	C. Staff		7 sess/\$49
56779	Th	11:00 am-12:30 pm	2/18-3/31
SKIP/CTC	C. Staff		7 sess/\$49
56773	M	11:00 am-12:30 pm	2/22-3/28
SKIP/CTC	C. Staff		6 sess/\$42
56777	W	11:00 am-12:30 pm	2/24-3/30
SKIP/CTC	C. Staff		6 sess/\$42

Spanish Play Group 20 - 36 months

56780	Th	1:00 pm-2:30 pm	1/7-2/11
SKIP/CTC	C. Staff		6 sess/\$42
56781	Th	1:00 pm-2:30 pm	2/18-3/31
SKIP/CTC	C. Staff		7 sess/\$49

Martial Arts

TINY TIGERS (Ages 3-4)

An introduction to martial arts; balance, strength and coordination, and safety. Games, balls, obstacle courses and more are used to enhance learning. Parent participation is required.

Ages 3 Years - 4 Years

56790	Tu	4:00 pm-4:45 pm	1/5-1/26
56793	Th	4:00 pm-4:45 pm	1/7-1/28
56791	Tu	4:00 pm-4:45 pm	2/2-2/23
56794	Th	4:00 pm-4:45 pm	2/4-2/25
56792	Tu	4:00 pm-4:45 pm	3/1-3/22
56795	Th	4:00 pm-4:45 pm	3/3-3/24
ACMMA		R. Dye	4 sess/\$35



Movement

GYMNASTICS

Our Parent & Tot class is the ideal place to have organized, safe fun exploring movement with your child in a gymnastics environment. In the Preschool classes your child will be introduced to basic movement and gymnastics.

Ages 16 Months - 3 Months

56803	Sa	9:00 am-9:45 am	1/9-1/30
56804	Sa	9:00 am-9:45 am	2/6-2/27
56805	Sa	9:00 am-9:45 am	3/5-3/26

Ages 3 Years - 5 Years

56807	M	5:00 pm-5:45 pm	1/4-1/25
56808	M	6:00 pm-6:45 pm	1/4-1/25
56809	M	5:00 pm-5:45 pm	2/1-2/22
56810	M	6:00 pm-6:45 pm	2/1-2/22
56811	M	5:00 pm-5:45 pm	2/29-3/21
56812	M	6:00 pm-6:45 pm	2/29-3/21
56815	Tu	4:00 pm-4:45 pm	1/5-1/26
56816	Tu	5:00 pm-5:45 pm	1/5-1/26
56817	Tu	6:00 pm-6:45 pm	1/5-1/26
56818	Tu	4:00 pm-4:45 pm	2/2-2/23
56819	Tu	5:00 pm-5:45 pm	2/2-2/23
56820	Tu	6:00 pm-6:45 pm	2/2-2/23
56821	Tu	4:00 pm-4:45 pm	3/1-3/22
56822	Tu	5:00 pm-5:45 pm	3/1-3/22
56823	Tu	6:00 pm-6:45 pm	3/1-3/22
56827	W	3:00 pm-3:45 pm	1/6-1/27
56853	W	5:00 pm-5:45 pm	1/6-1/27
56828	W	6:00 pm-6:45 pm	1/6-1/27
56829	W	3:00 pm-3:45 pm	2/3-2/24
56830	W	5:00 pm-5:45 pm	2/3-2/24
56831	W	6:00 pm-6:45 pm	2/3-2/24
56832	W	3:00 pm-3:45 pm	3/2-3/23
56833	W	5:00 pm-5:45 pm	3/2-3/23
56834	W	6:00 pm-6:45 pm	3/2-3/23
56838	Th	5:00 pm-5:45 pm	1/7-1/28
56839	Th	6:00 pm-6:45 pm	1/7-1/28
56842	Th	5:00 pm-5:45 pm	2/4-2/25
56843	Th	6:00 pm-6:45 pm	2/4-2/25
56851	Th	5:00 pm-5:45 pm	3/3-3/24
56852	Th	6:00 pm-6:45 pm	3/3-3/24
56844	Sa	10:00 am-10:45 am	1/9-1/30
56845	Sa	11:00 am-11:45 am	1/9-1/30
56846	Sa	10:00 am-10:45 am	2/6-2/27
56854	Sa	11:00 am-11:45 am	2/6-2/27
56847	Sa	10:00 am-10:45 am	3/5-3/26
56848	Sa	11:00 am-11:45 am	3/5-3/26

Hart's Gymnastics H. Staff 4 sess/\$55

PARENT/TOT TUMBLING FUN! (18 mos-3 yrs)

Parents and tots will learn basic tumbling skills and participate in simple games and movements.

56855	W	9:30 am-10:15 am	1/6-3/30
Kent Commons		M. Murphy-Brown	12 sess/\$78
No class 3/9			

TAG ALONG TODDLERS (Ages 1-2 yrs)

Your toddler (must be walking) will cruise with you over and through the obstacle courses, jump on the trampoline, catch bubbles and sing songs in this interactive class. For more information please check our website www.aryalsgym.com.

56856	Tu-Th	10:00 am-10:45 am	1/5-1/28
56857	Tu-Th	10:00 am-10:45 am	2/2-2/25
56858	Tu-Th	10:00 am-10:45 am	3/1-3/24
Gym Starz		R. Schifano	12 sess/\$55

Music

PRIVATE PIANO (Age 4-6)

This one-on-one Beginning Piano class uses Alfred's 'Music for Little Mozarts' piano books (level 1-4) and is great for the young musician with no previous piano experience. This class is also for the Continuing Little Mozarts' student (Ages 4-12) who has completed one full quarter and wishes to continue the series. Class covers posture and hand position, technique, musical notation, ear training and performance skills. All required lesson materials are included in the course fee. Optional supplemental materials are available at an additional cost and is payable to the instructor. A digital keyboard will be provided during lessons. A piano or keyboard at home and daily practice of lesson material is highly recommended.

56861	Tu	4:00 pm-4:20 pm	1/5-3/22
56862	Tu	4:20 pm-4:40 pm	1/5-3/22
56863	Tu	4:40 pm-5:00 pm	1/5-3/22
56864	Tu	5:00 pm-5:20 pm	1/5-3/22
56865	Tu	5:20 pm-5:40 pm	1/5-3/22
56866	Tu	5:40 pm-6:00 pm	1/5-3/22
56867	Tu	6:00 pm-6:20 pm	1/5-3/22
56868	Tu	6:20 pm-6:40 pm	1/5-3/22
56869	Tu	6:40 pm-7:00 pm	1/5-3/22
56870	Tu	7:00 pm-7:20 pm	1/5-3/22
Kent Commons		S. Anderson	10 sess/\$100
No class 1/26, 2/16			



YOUTH PROGRAMS



Dance

BALLET & TAP (Ages 6-12)

Students must have 9 months to 1 year of pre-ballet & tap. This class will take the student to a higher level in ballet with more technique, terms, grace and an introduction to Lyrical Ballet. Additional combinations in tap and faster, more exciting moves will be introduced.

56873 Sa 11:00 am-11:45 am 1/9-3/26
Kent Commons S. Giles 11 sess/\$72
No class 3/12

BALLET I & TAP (Ages 6-9)

Beginning ballet & tap class that introduces basic steps. Suggested dress: leotards, tights, pink ballet shoes and black tap shoes.

56876 W 4:45 pm-5:45 pm 1/6-3/30
57403 F 5:00 pm-6:00 pm 1/8-4/1
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/9, 3/11

BALLET I (Ages 7-11)

Beginning ballet class that introduces basic steps. Suggested dress: leotards, tights and ballet shoes.

56877 Th 4:15 pm-5:15 pm 1/7-3/31
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/10

BALLET II (Ages 8-14)

This class is for experienced dancers with a full year of Ballet I.

56878 Th 6:00 pm-7:00 pm 1/7-3/31
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/10

BALLET III (Ages 13-18)

This is an advanced class for dancers with one full year of Ballet I. Instructor permission is required.

56879 Tu 6:15 pm-7:15 pm 1/5-3/29
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/8

DANCE TEAM I & II (Ages 6-16)

Variety of dance experiences and pom pom routines. Basic combinations of beginning level ballet, jazz, hip-hop and cheerleading. Wear comfortable dance attire and black soft sole dance shoes. Pom pom fee of \$14 payable to instructor at first class.

56880 Th 6:00 pm-7:00 pm 1/7-3/31
Kent Commons S. Giles 13 sess/\$91

DANCE TEAM II (Ages 8-16)

This class is for participants who have had at least one full quarter of Dance Team I.

56883 Th 7:00 pm-8:00 pm 1/7-3/31
Kent Commons S. Giles 13 sess/\$91

56882 Sa 11:45 am-12:30 pm 1/9-3/26
Kent Commons S. Giles 11 sess/\$72
No class 3/12

HIP HOP (Ages 6+)

Learn the basics of beginning level hip hop dance. Class includes warm-up exercises, floor work and dancing to the beat. Wear black ballet shoes.

56884 Th 5:00 pm-6:00 pm 1/7-3/31
Kent Commons S. Giles 13 sess/\$91

HIP HOP DANCE (Ages 6-10)

With this being a popular new style to learn, beginning hip-hop will introduce students to basic steps. Class includes warm-up exercises, across the floor moves and grooving with the music! Attire: comfortable loose clothing and black ballet shoes.

56885 Sa 1:15 pm-2:00 pm 1/9-3/26
Kent Commons S. Giles 11 sess/\$72
No class 3/12

INTERMEDIATE HIP HOP DANCE (Ages 10-14)

Must have 1 full quarter of Hip Hop Dance prior to taking this class.

56886 Sa 12:30 pm-1:15 pm 1/9-3/26
Kent Commons S. Giles 11 sess/\$72
No class 3/12

BEGINNER IRISH SOFT SHOE (Ages 6-16)

Open to first time & beginner dancers. Students will learn the reel & light jig as well as work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

56887 Tu 4:15 pm-5:00 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$110
No class 2/16

IRISH SOFT SHOE I (Ages 7-16)

Open to dancers who have basic soft shoe skills, reel & light jig. Students will learn the single jig & slip jig and work on proper posture, form & rhythm. Wear comfortable clothing, socks or ballet shoes okay.

56889 Tu 5:00 pm-5:45 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$110
No class 2/16



IRISH SOFT SHOE II (Ages 7-16)

Open to dancers who know all four soft shoe dances. Students will learn novice soft shoe steps & Ceili dances. Wear comfortable clothing, Irish gullies recommended.

56891 Tu 6:15 pm-7:00 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$110
No class 2/16

IRISH FAST HARD SHOE (Ages 7 - 18)

Open to dancers who are qualified for and enrolled in Irish Soft Shoe II or above and wither new to hard shoe or working on the fast hard shoe rhythm. Students will learn the traditional treble jig, traditional hornpipe & St. Patrick's Day. Wear comfortable clothing, Irish hard shoes required.

56893 Tu 5:45 pm-6:15 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$74
No class 2/16

ADVANCED HARD SHOE (Ages 7-18)

Open to dancers who have demonstrated proficiency in the traditional hard shoe dances. Students will learn the slow hard shoe dances & advanced traditional set dances. Wear comfortable clothing, Irish hard shoes required.

56895 Tu 7:00 pm-7:45 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$110
No class 2/16

SPRING DANCE RECITAL All winter dance students will have the opportunity to participate in the Kent Parks Spring Dance Recital in early June. More information will be distributed in class. Participation is optional. Dance costumes must be purchased and range in price from \$40-\$50. Admission tickets for the recital are \$2 for youth and \$4 for adults. Dance students must register for both winter and spring quarter dance classes to perform at the recital (spring registration will be in March).

ADVANCED SOFT SHOE (Ages 7-18)

Open to dancers who have a good knowledge of all soft shoe dances. Students will learn advanced soft shoe steps, Ceili dances and original choreography. Wear comfortable clothing, Irish gullies required.

56897 Tu 7:45 pm-8:30 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$110
No class 2/16

LIL' HIP HOPPERS (Ages 5-7)

These lil' dancers will have a blast learning the basics of this popular dance style to age appropriate music. Wear comfortable dance attire. Black ballet or jazz shoes required.

56899 Sa 10:15 am-11:00 am 1/16-3/26
Kent Commons T. Kirk 11 sess/\$72

TAP & HIP HOP JAZZ FOR BOYS (Ages 7-12)

Finally, a dance class just for boys! This beginning/continuing level class will build on the basic steps for both tap and hip hop jazz dance. Students will develop the skills, athleticism and focus needed for dancing, in a fun environment where boys can be boys. Wear comfortable clothing, black tap and jazz shoes are required.

56900 Th 6:30 pm-7:30 pm 1/14-3/31
Kent Commons T. Kirk 12 sess/\$84

TAP & HIP HOP JAZZ I (Ages 6-11)

Develop dance skills in this beginner level class, with fun and energetic dancing to upbeat music. No experience necessary. Black tap and jazz/ballet shoes required.

56901 Th 5:30 pm-6:30 pm 1/14-3/31
Kent Commons T. Kirk 12 sess/\$84

TAP & HIP HOP JAZZ II & III (Ages 11+)

This class is designed for continuing Tap & Hip Hop Jazz students, or beginning students with prior dance experience. Black tap and black jazz/ballet shoes required.

56902 Th 7:30 pm-8:30 pm 1/14-3/31
Kent Commons T. Kirk 12 sess/\$84

INTRO TO PRE-BALLET (Ages 3-5)

This 30-minute class is perfect for the beginning dancer. You will learn simple ballet techniques to lively music. Ballet shoes preferred, but not required. Suggested dress: leotard and tights.

56903 Th 7:00 pm-7:30 pm 1/7-3/31
56904 F 7:00 pm-7:30 pm 1/8-4/1
Kent Commons M. Murphy-Brown 12 sess/\$48
No class 3/10, 3/11

MOM 'N' ME PRE-BALLET (Ages 3-5)

Together you will learn simple ballet techniques to lively music. Ballet shoes preferred, but not required. Wear comfortable clothing.

56905 M 9:30 am-10:15 am 1/4-3/28
Kent Commons M. Murphy-Brown 10 sess/\$65
No class 1/18, 2/15, 3/7

PRE-BALLET

Young dancers will develop strength and coordination while having fun discovering the joy of dance. Suggested dress: leotards, tights & ballet shoes (girls - pink, boys - black).

Ages 3-4

56906 M 10:15 am-11:00 am 1/4-3/28
Kent Commons M. Murphy-Brown 10 sess/\$65
No class 1/18, 2/15, 3/7

56907 Tu 2:00 pm-2:45 pm 1/5-3/29
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/8

56908 Tu 4:15 pm-5:00 pm 1/5-3/29
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/8

56909 W 11:00 am-11:45 am 1/6-3/30
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/9

56910 W 6:45 pm-7:30 pm 1/6-3/30
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/9

56911 F 4:15 pm-5:00 pm 1/8-4/1
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/11

Ages 4-6

56912 Tu 5:30 pm-6:15 pm 1/5-3/29
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/8

56913 W 10:15 am-11:00 am 1/6-3/30
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/9

56914 Th 9:30 am-10:15 am 1/7-3/31
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/10

56915 Th 5:15 pm-6:00 pm 1/7-3/31
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/10

56916 Sa 9:30 am-10:15 am 1/16-3/26
Kent Commons T. Kirk 11 sess/\$72

PRE-BALLET & TAP

This combination class of ballet and tap includes simple ballet techniques and basic tap shuffles. Pink ballet and black tap shoes required.

Ages 4-6

56917 M 11:00 am-12:00 pm 1/4-3/28
Kent Commons M. Murphy Brown 10 sess/\$70
No class 1/8, 2/15, 3/7

56918 W 5:45 pm-6:45 pm 1/6-3/30
56919 Th 11:00 am-12:00 pm 1/7-3/31
Kent Commons M. Murphy Brown 12 sess/\$84
No class 3/9, 3/10

Ages 5-7

56920 Sa 10:15 am-11:00 am 1/9-3/26
Kent Commons S. Giles 11 sess/\$72
No class 3/12

PRE-TAP & JAZZ (Ages 4-6)

Sample the joy of dance in this combination class, where young dancers will learn basic tap steps and creative movement through jazz dance in a fun environment, to age appropriate music. Suggested dress: leotard and tights. Black tap shoes and black jazz/ballet shoes required.

56921 Sa 11:00 am-12:00 pm 1/16-3/26
Kent Commons T. Kirk 11 sess/\$77

CONT. BALLET I & TAP (Ages 5-7)

Must have one full quarter of pre-ballet and tap prior to taking this class.

56874 W 3:45 pm-4:45 pm 1/6-3/30
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/9

CONTINUING PRE-BALLET (Ages 4-6)

Students must have completed one year of Pre-Ballet.

57404 Th 10:15 am-11:00 am 1/7-3/31
Kent Commons M. Murphy-Brown 12 sess/\$78
No class 3/10



YOUTH PROGRAMS

General

SAFE AT HOME (Ages 8-12)

Come learn how to be responsible and safe in any situation. We will cover family communication, first aid, Internet, gun, phone and door safety. Parents are invited back for the last half hour of class for a video presentation and discussion.

56922 Sa 2:00 pm-4:00 pm 3/5
Kent Commons J. Balls 1 sess/\$30

SUPER SITTERS (Ages 11-16)

Boys and Girls, come for a day of fun while earning your Super Sitters Certificate. This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, and safety and first aid. Bring a sack lunch and snack to class.

56923 Sa 9:00 am-2:00 pm 3/5
Kent Commons J. Balls 1 sess/\$60

Gymnastics

BOY'S GYMNASTICS (Ages 6-12)

Learn skills on the six Olympic men's events while also enjoying the trampoline and loose foam pits.

56987 M	5:00 pm-5:55 pm	1/4-1/25
56991 Tu	6:00 pm-6:55 pm	1/5-1/26
56995 Th	5:00 pm-5:55 pm	1/7-1/28
56988 M	5:00 pm-5:15 pm	2/1-2/22
56992 Tu	6:00 pm-6:55 pm	2/2-2/23
56996 Th	5:00 pm-5:55 pm	2/4-2/25
56989 M	5:00 pm-5:55 pm	2/29-3/21
56993 Tu	6:00 pm-6:55 pm	3/1-3/22
56997 Th	5:00 pm-5:55 pm	3/3-3/24
Hart's Gymnastics H. Staff		4 sess/\$62



GIRL'S GYMNASTICS (Ages 6-12)

At Hart's Gymnastic Center we combine the fun with fitness while offering you the best gymnastic instruction in the Northwest! www.hartsgymnastics.com

56928 M	5:00 pm-5:55 pm	1/4-1/25
56929 M	6:00 pm-6:55 pm	1/4-1/25
56930 M	7:00 pm-7:55 pm	1/4-1/25
56931 M	5:00 pm-5:55 pm	2/1-2/22
56932 M	6:00 pm-6:55 pm	2/1-2/22
56933 M	7:00 pm-7:55 pm	2/1-2/22
56934 M	5:00 pm-5:55 pm	2/29-3/21
56935 M	6:00 pm-6:55 pm	2/29-3/21
56936 M	7:00 pm-7:55 pm	2/29-3/21

56939 Tu	5:00 pm-5:55 pm	1/5-1/26
56940 Tu	6:00 pm-6:55 pm	1/5-1/26
56941 Tu	7:00 pm-7:55 pm	1/5-1/26
56945 Tu	5:00 pm-5:55 pm	2/2-2/23
56946 Tu	6:00 pm-6:55 pm	2/2-2/23
56947 Tu	7:00 pm-7:55 pm	2/2-2/23
56948 Tu	5:00 pm-5:55 pm	3/1-3/22
56949 Tu	6:00 pm-6:55 pm	3/1-3/22
56950 Tu	7:00 pm-7:55 pm	3/1-3/22

56951 W	5:00 pm-5:55 pm	1/6-1/27
56952 W	6:00 pm-6:55 pm	1/6-1/27
56953 W	7:00 pm-7:55 pm	1/6-1/27
56954 W	5:00 pm-5:55 pm	2/3-2/24
56955 W	6:00 pm-6:55 pm	2/3-2/24
56956 W	7:00 pm-7:55 pm	2/3-2/24
56957 W	5:00 pm-5:55 pm	3/2-3/23
56958 W	6:00 pm-6:55 pm	3/2-3/23
56959 W	7:00 pm-7:55 pm	3/2-3/23

56963 Th	5:00 pm-5:55 pm	1/7-1/28
56964 Th	6:00 pm-6:55 pm	1/7-1/28
56965 Th	7:00 pm-7:55 pm	1/7-1/28
56966 Th	5:00 pm-5:55 pm	2/4-2/25
56967 Th	6:00 pm-6:55 pm	2/4-2/25
56968 Th	7:00 pm-7:55 pm	2/4-2/25
56969 Th	5:00 pm-5:55 pm	3/3-3/24
56970 Th	6:00 pm-6:55 pm	3/3-3/24
56971 Th	7:00 pm-7:55 pm	3/3-3/24

56974 Sa	11:00 am-11:55 am	1/9-1/30
56983 Sa	10:00 am-10:55 am	1/9-1/30
56975 Sa	10:00 am-10:55 am	2/6-2/27
56976 Sa	11:00 am-11:55 am	2/6-2/27
56977 Sa	10:00 am-10:55 am	3/5-3/26
56978 Sa	11:00 am-11:55 am	3/5-3/26
Hart's Gymnastics H. Staff		4 sess/\$62

GYMNASTICS CAMP (Ages 5+)

Learn and improve your gymnastic skills on the Olympic events, you will jump on our 40-foot trampoline, fly into the loose foam pit, do crafts, and more! Snack and supplies provided, bring a sack lunch and water bottle. Please call the Kent Commons to register using the family discount.

56999 M-W	8:00 am-3:00 pm	4/4-4/6
Hart's Gymnastics T. TBA		3 sess/\$105
		2 children/\$180
		3 children/\$230



Martial Arts

BEGINNING KARATE FOR HOMESCHOOLERS

Learn the fundamentals with an emphasis on developing balance, coordination and concentration. Basic self-defense techniques will be introduced.

Ages 4-8

57002 W	2:00 pm-2:45 pm	1/6-1/27
57003 W	2:00 pm-2:45 pm	2/3-2/24
57004 W	2:00 pm-2:45 pm	3/2-3/23
ACMMA R. Dye		4 sess/\$35

Ages 9-14

57007 W	2:45 pm-3:30 pm	1/6-1/27
57008 W	2:45 pm-3:30 pm	2/3-2/24
57009 W	2:45 pm-3:30 pm	3/2-3/23
ACMMA R. Dye		4 sess/\$35

KARATE FOR CHILDREN (Ages 5-13)

Programs emphasize developing balance, coordination, concentration and respect for self and others.

Ages 5-6

57019 W	4:00 pm-4:55 pm	1/6-1/27
57015 Sa	10:15 am-11:00 am	1/9-1/30
57020 W	4:00 pm-4:55 pm	2/3-2/24
57016 Sa	10:15 am-11:00 am	2/6-2/27
57021 W	4:00 pm-4:55 pm	3/2-3/23
57017 Sa	10:15 am-11:00 am	3/5-3/26

Ages 7-10

57026 Th	5:30 pm-6:15 pm	1/7-1/28
57023 Sa	11:00 am-11:45 am	1/9-1/30
57027 Th	5:30 pm-6:15 pm	2/4-2/25
57024 Sa	11:00 am-11:45 am	2/6-2/27
57025 Sa	11:00 am-11:45 am	3/5-3/26
57028 Th	5:30 pm-6:15 pm	3/3-3/24
ACMMA R. Dye		4 sess/\$35

Ages 11-13

57031 Tu	4:45 pm-5:30 pm	1/5-1/26
57032 Tu	4:45 pm-5:30 pm	2/2-2/23
57033 Tu	4:45 pm-5:30 pm	3/1-3/22

KENDO-JAPANESE SWORDSMANSHIP (Ages 7-14)

You will develop confidence and learn the culture and etiquette of Japan. Learn basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include equipment costs for continuing and advanced students. Youth and adult classes are combined.

Beginning

57036 M 7:00 pm-7:50 pm 1/4-3/21
Kent Commons C. Marsten 9 sess/\$59
No class 1/18, 2/15, 3/14

Continuing

57038 M 8:00 pm-8:50 pm 1/4-3/21
Kent Commons C. Marsten 9 sess/\$59
No class 1/18, 2/15, 3/14

Advanced

57040 W 7:00 pm-9:00 pm 1/6-3/23
Kent Commons C. Marsten 11 sess/\$72
No class 3/16

Creative Arts

ART LESSONS (Ages 7+)

One-on-one art tutoring designed for the beginning to intermediate student. Artist Cathe McNiel is available for lessons in drawing, watercolor, oil pastel, and cartooning. Class is catered to your specific needs and interests.

57042	Sa	12:00 pm-12:30 pm	1/9-1/30
57043	Sa	12:30 pm-1:00 pm	1/9-1/30
57044	Sa	1:00 pm-1:30 pm	1/9-1/30
57045	Sa	1:30 pm-2:00 pm	1/9-1/30
57046	Sa	2:00 pm-2:30 pm	1/9-1/30
57047	Sa	2:30 pm-3:00 pm	1/9-1/30
57048	Sa	12:00 pm-12:30 pm	2/6-2/27
57049	Sa	12:30 pm-1:00 pm	2/6-2/27
57050	Sa	1:00 pm-1:30 pm	2/6-2/27
57051	Sa	1:30 pm-2:00 pm	2/6-2/27
57052	Sa	2:00 pm-2:30 pm	2/6-2/27
57053	Sa	2:30 pm-3:00 pm	2/6-2/27
57054	Sa	12:00 pm-12:30 pm	3/5-3/26
57055	Sa	12:30 pm-1:00 pm	3/5-3/26
57056	Sa	1:00 pm-1:30 pm	3/5-3/26
57057	Sa	1:30 pm-2:00 pm	3/5-3/26
57058	Sa	2:00 pm-2:30 pm	3/5-3/26
57059	Sa	2:30 pm-3:00 pm	3/5-3/26
Kent Commons		C. McNiel	4 sess/\$66

DRAWING (Ages 7-12)

Based on popular drawing methods, students gain confidence in drawing with pencils, markers, and color pencils. All levels work at their own level and growing ability. On going with new projects through the year.

57066	Sa	10:00 am-11:30 am	1/9-1/30
57067	Sa	10:00 am-11:30 am	2/6-2/27
57068	Sa	10:00 am-11:30 am	3/5-3/26
Kent Commons		C. McNiel	4 sess/\$66



YOUTH PROGRAMS

PIANO OR VOICE LESSONS CHILDREN & ADULTS

One-on-one lessons, where student will progress at own pace. **Piano for ages 5 & up:** beginners may purchase \$5 book from instructor. **Voice for ages 10 & up:** Sing songs that have stood the test of time.

57218	W	3:00 pm-3:30 pm	1/6-1/27	57296	W	3:00 pm-3:30 pm	2/3-2/24	57310	W	3:00 pm-3:30 pm	3/2-3/30
57219	W	3:30 pm-4:00 pm		57297	W	3:30 pm-4:00 pm		57307	W	3:30 pm-4:00 pm	
57220	W	4:00 pm-4:30 pm		57298	W	4:00 pm-4:30 pm		57308	W	4:00 pm-4:30 pm	
57221	W	4:30 pm-5:00 pm		57299	W	4:30 pm-5:00 pm		57309	W	4:30 pm-5:00 pm	
57222	W	5:30 pm-6:00 pm		57300	W	5:30 pm-6:00 pm		57311	W	5:30 pm-6:00 pm	
57223	W	6:00 pm-6:30 pm		57301	W	6:00 pm-6:30 pm		57312	W	6:00 pm-6:30 pm	
57224	W	6:30 pm-7:00 pm		57302	W	6:30 pm-7:00 pm		57313	W	6:30 pm-7:00 pm	
57225	W	7:00 pm-7:30 pm		57303	W	7:00 pm-7:30 pm		57314	W	7:00 pm-7:30 pm	
57226	W	7:30 pm-8:00 pm		57304	W	7:30 pm-8:00 pm		57315	W	7:30 pm-8:00 pm	
57227	W	8:00 pm-8:30 pm		57305	W	8:00 pm-8:30 pm		57316	W	8:00 pm-8:30 pm	
57228	W	8:30 pm-9:00 pm	4 sess/\$80	57306	W	8:30 pm-9:00 pm	4 sess/\$80	57317	W	8:30 pm-9:00 pm	5 sess/\$100
57229	Th	3:00 pm-3:30 pm	1/7-1/28	57263	Th	3:00 pm-3:30 pm	2/4-2/25	57318	Th	3:00 pm-3:30 pm	3/3-3/31
57230	Th	3:30 pm-4:00 pm		57264	Th	3:30 pm-4:00 pm		57319	Th	3:30 pm-4:00 pm	
57231	Th	4:00 pm-4:30 pm		57265	Th	4:00 pm-4:30 pm		57320	Th	4:00 pm-4:30 pm	
57232	Th	4:30 pm-5:00 pm		57266	Th	4:30 pm-5:00 pm		57321	Th	4:30 pm-5:00 pm	
57233	Th	5:30 pm-6:00 pm		57267	Th	5:00 pm-5:30 pm		57322	Th	5:30 pm-6:00 pm	
57234	Th	6:00 pm-6:30 pm		57268	Th	5:30 pm-6:00 pm		57323	Th	6:00 pm-6:30 pm	
57235	Th	6:30 pm-7:00 pm		57269	Th	6:00 pm-6:30 pm		57324	Th	6:30 pm-7:00 pm	
57236	Th	7:00 pm-7:30 pm		57270	Th	6:30 pm-7:00 pm		57325	Th	7:00 pm-7:30 pm	
57237	Th	7:30 pm-8:00 pm		57271	Th	7:00 pm-7:30 pm		57326	Th	7:30 pm-8:00 pm	
57238	Th	8:00 pm-8:30 pm		57272	Th	7:30 pm-8:00 pm		57327	Th	8:00 pm-8:30 pm	
57239	Th	8:30 pm-9:00 pm	4 sess/\$80	57273	Th	8:00 pm-8:30 pm		57328	Th	8:30 pm-9:00 pm	5 sess/\$100
				57274	Th	8:30 pm-9:00 pm	4 sess/\$80				
57240	F	3:00 pm-3:30 pm	1/8-1/29	57275	F	3:00 pm-3:30 pm	2/5-2/26	57329	F	3:00 pm-3:30 pm	3/4-3/25
57241	F	3:30 pm-4:00 pm		57276	F	3:30 pm-4:00 pm		57330	F	3:30 pm-4:00 pm	
57242	F	4:00 pm-4:30 pm		57277	F	4:00 pm-4:30 pm		57331	F	4:00 pm-4:30 pm	
57243	F	4:30 pm-5:00 pm		57278	F	4:30 pm-5:00 pm		57332	F	4:30 pm-5:00 pm	
57244	F	5:00 pm-5:30 pm		57279	F	5:00 pm-5:30 pm		57201	F	5:00 pm-5:30 pm	
57245	F	5:30 pm-6:00 pm		57280	F	5:30 pm-6:00 pm		57334	F	5:30 pm-6:00 pm	
57246	F	6:00 pm-6:30 pm		57281	F	6:00 pm-6:30 pm		57333	F	6:00 pm-6:30 pm	
57247	F	6:30 pm-7:00 pm		57282	F	6:30 pm-7:00 pm		57335	F	6:30 pm-7:00 pm	
57248	F	7:00 pm-7:30 pm		57283	F	7:00 pm-7:30 pm		57336	F	7:00 pm-7:30 pm	
57249	F	7:30 pm-8:00 pm		57284	F	7:30 pm-8:00 pm		57337	F	7:30 pm-8:00 pm	
57250	F	8:00 pm-8:30 pm		57285	F	8:00 pm-8:30 pm		57338	F	8:00 pm-8:30 pm	
57251	F	8:30 pm-9:00 pm	4 sess/\$80	57286	F	8:30 pm-9:00 pm	4 sess/\$80	57339	F	8:30 pm-9:00 pm	4 sess/\$80
57252	Sa	3:00 pm-3:30 pm	1/9-1/30	57287	Sa	3:00 pm-3:30 pm	2/6-2/27	57401	Sa	3:00 pm-3:30 pm	3/5-3/26
57253	Sa	3:30 pm-4:00 pm		57288	Sa	3:30 pm-4:00 pm		57340	Sa	3:30 pm-4:00 pm	
57254	Sa	4:00 pm-4:30 pm		57289	Sa	4:00 pm-4:30 pm		57341	Sa	4:00 pm-4:30 pm	
57255	Sa	4:30 pm-5:00 pm		57290	Sa	4:30 pm-5:00 pm		57342	Sa	4:30 pm-5:00 pm	
57256	Sa	5:00 pm-5:30 pm		57291	Sa	5:00 pm-5:30 pm		57343	Sa	5:00 pm-5:30 pm	
57257	Sa	5:30 pm-6:00 pm		57292	Sa	5:30 pm-6:00 pm		57344	Sa	5:30 pm-6:00 pm	
57258	Sa	6:00 pm-6:30 pm		57293	Sa	6:00 pm-6:30 pm		57345	Sa	6:00 pm-6:30 pm	
57259	Sa	6:30 pm-7:00 pm		57294	Sa	6:30 pm-7:00 pm		57346	Sa	6:30 pm-7:00 pm	
57260	Sa	7:00 pm-7:30 pm		57295	Sa	7:00 pm-7:30 pm		57347	Sa	7:00 pm-7:30 pm	
57261	Sa	7:30 pm-8:00 pm		57296	Sa	7:30 pm-8:00 pm		57348	Sa	7:30 pm-8:00 pm	
57262	Sa	8:30 pm-9:00 pm		57297	Sa	8:30 pm-9:00 pm		57349	Sa	8:00 pm-8:30 pm	
57398	Sa	8:00 pm-8:30 pm	4 sess/\$80	57399	Sa	8:30 pm-9:00 pm	4 sess/\$80	57350	Sa	8:30 pm-9:00 pm	
				57400	Sa	8:00 pm-8:30 pm		Kent Commons	C. D'Amrosio		4 sess/\$80



GUITAR LESSONS (Ages 7+)

One-on-one lesson designed for students with acoustic or electric guitar. Class covers basic techniques, hand position, fingering, tuning and care. Please bring your guitar to class.

57119	M	3:00 pm-3:30 pm	1/4-1/25	57144	Tu	3:00 pm-3:30 pm	2/2-2/23
57120	M	3:30 pm-4:00 pm		57145	Tu	3:30 pm-4:00 pm	
57121	M	4:00 pm-4:30 pm		57146	Tu	4:00 pm-4:30 pm	
57122	M	4:30 pm-5:00 pm		57147	Tu	4:30 pm-5:00 pm	
57123	M	5:00 pm-5:30 pm		57148	Tu	5:00 pm-5:30 pm	
57124	M	5:30 pm-6:00 pm		57149	Tu	5:30 pm-6:00 pm	
57125	M	6:00 pm-6:30 pm		57150	Tu	6:00 pm-6:30 pm	4 sess/\$72
57126	M	6:30 pm-7:00 pm					
57127	M	7:00 pm-7:30 pm	3 sess/\$54	57160	Tu	3:00 pm-3:30 pm	3/1-3/29
No class 1/18				57161	Tu	3:30 pm-4:00 pm	
				57162	Tu	4:00 pm-4:30 pm	
57128	Tu	3:00 pm-3:30 pm	1/5-1/26	57163	Tu	4:30 pm-5:00 pm	
57131	Tu	3:30 pm-4:00 pm		57164	Tu	5:00 pm-5:30 pm	
57129	Tu	4:00 pm-4:30 pm		57165	Tu	5:30 pm-6:00 pm	
57130	Tu	4:30 pm-5:00 pm		57166	Tu	6:00 pm-6:30 pm	5 sess/\$90
57132	Tu	5:00 pm-5:30 pm					
57133	Tu	5:30 pm-6:00 pm		57151	M	3:00 pm-3:30 pm	3/7-3/28
57134	Tu	6:00 pm-6:30 pm	4 sess/\$72	57152	M	3:30 pm-4:00 pm	
				57153	M	4:00 pm-4:30 pm	
57135	M	3:00 pm-3:30 pm	2/1-2/29	57154	M	4:30 pm-5:00 pm	
57136	M	3:30 pm-4:00 pm		57155	M	5:00 pm-5:30 pm	
57137	M	4:00 pm-4:30 pm		57156	M	5:30 pm-6:00 pm	
57138	M	4:30 pm-5:00 pm		57157	M	6:00 pm-6:30 pm	
57139	M	5:00 pm-5:30 pm		57158	M	6:30 pm-7:00 pm	
57140	M	5:30 pm-6:00 pm		57159	M	7:00 pm-7:30 pm	
57141	M	6:00 pm-6:30 pm		Kent Commons L. Andersen		4 sess/\$72	
57142	M	6:30 pm-7:00 pm					
57143	M	7:00 pm-7:30 pm	4 sess/\$72				
No class 2/15							



Plan the year for Youth Sports!

Registration forms for upcoming sports programs will be available at local Kent schools and the Kent Commons.

Recreational programs for youth in the City of Kent or Kent School District in unincorporated King County

Sport	Reg. Opens	Reg. Deadline	Jamboree	Season End
Youth Basketball				
Coed 1/2 Grade	Early Oct.	2nd Mo in Dec	None—Program starts Mid Jan.	Early March
Boy's/Girl's 3/6 Grade	Early Sept.	1st Mo in Nov.	Fr/Sa after New Year	Early March
Boy's 7/8 Grade	Early Oct.	Last Mo in Nov.	3rd Th in January	Mid-March
Boy's 9-12 Grade	Early Oct.	Last Mo. in Nov.	3rd Th in January	Mid-March
Baseball/Softball				
T-Ball (pre K/K)	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
Toss Ball (1/2 Grade)	Early Dec.	Last Mo in February	3rd Sa in April	Mid-June
Boy's Baseball 3/6 Grade	Early Jan.	1st Mo in March	1st Sa in May	Late June
Boy's Baseball 7/12 Grade	Early Jan.	1st Mo in April	3rd Th in May	Mid-July
Girl's Softball 3/12 Grade	Early Jan.	3rd Mo in March	3rd Sa in May	Late June
Youth Soccer				
Co-ed Pre-K (3/4 Yrs. old)	Late May	1st Mo in August	2nd Sa after Labor Day	Mid-Nov.
Co-ed (K/1)	Late May	1st Mo in August	2nd Sa after Labor Day	Mid-Nov.
Boy's/Girl's 2/6 Grade	Late May	1st Mo in August	1st Sa after Labor Day	Early Nov.
Boy's Flag Football 4/7 Grade	Early June	4th Mo in August	1st Tu in October	Mid-Nov.
Jr. Hoopsters 1/2 Grade	Early June	4th Mo in August	None—Program is Mondays in Oct.	
Girl's Volleyball				
Girl's Spring Volleyball 6/12 Grade	Late Nov.	Last Mo in February	1st Thurs in April	Mid-May
Girl's Fall Volleyball 7/12 Grade	Early June	2nd Mo in September	3rd Thurs in Oct.	Late Nov.

Youth Basketball

COED BASKETBALL (1/2)

A recreational basketball league for boys and girls (coed) in the City of Kent or the Kent School District in unincorporated King County attending 1st/2nd grade during the 2015-2016 school year. Boys and girls will be placed on a team in their own grade level. The program is eight weeks long starting mid-January. Practices are on the first two Saturdays with games on the remaining six Saturdays. 1st and 2nd grade leagues may be combined. **Deadline to register is December 14.**

54368	Grade 1	\$50
54369	Grades 2	\$50

BOYS AND GIRLS BASKETBALL (3/4/5/6)

Recreational basketball leagues for all girls and boys in the City of Kent or the Kent School District in unincorporated King County attending 3/4/5/6 grade. Practices start in December. Games are played January–March at local area gyms. Participants will be placed on a team in their grade level. Registration begins in early September; deadline is first Monday in November.

Call for Availability 253-856-5000

BOYS MIDDLE SCHOOL/HIGH SCHOOL BASKETBALL (7-12)

This program is for those boys who did not make their Middle School Team; this includes Home Team, Fifth Quarter and Travel Squad. Registrants must reside within the City of Kent, or Kent School District in unincorporated King County. All games will be played on weekday evenings and some Saturdays in January and go until early March. Season begins the week of January 25, 2016.

Call for Availability 253-856-5000

GIRLS BASKETBALL CAMP (3-6)

Learn and improve your basketball skills at basketball camp held at Kentridge High School. Camp T-shirt included. **Registration deadline is one week before each camp.**

54380	M	9:00 am-12:00 pm	12/12
Kentridge High School	B. Sandall	1 sess/\$25	

YOUTH SPORTS OFFICIALS WANTED

Kent Parks, Recreation & Community Services is looking for new and experienced youth sports officials. Must be 14 years of age or older. If you are interested in officiating soccer, flag football, basketball, volleyball, or umpiring baseball or fastpitch, please call (253) 856-5000.

BASKETBALL SKILLS COMPETITION

Participants compete in the Hoop Shoot, Freethrow and Hot Spot Contest. Contestants are divided into four age divisions, 8 & under through 14 years old, and by gender. Competition is on Monday, December 21 at 9:30 am. Warm-up and registration begins one half hour before competition. Event is free of charge. Sign-up at the door.

54381	M	9:00 am-12:00 pm	12/21
Kent Commons			FREE

RUGBY SKILLS CLINIC (6-12)

Coaches from the Kent Crusaders Youth Rugby Club will be teaching Grades 6-12 the basic skills needed to play the game in a fun and safe environment. Clinic will cover ball handling, rules of the game, patterns of play and safety in contact. Fee includes t-shirt and rugby ball. Must pre-register at least one week prior to clinic start date. For more information, call Alan Blackstock at (253) 859-6478.

54382	M-Th	4:00 pm-6:00 pm	1/11-1/14
Wilson Playfields	A. Blackstock	4 sess/\$30	

Baseball/Softball

T-BALL (Pre-K/K) AND TOSSBALL (1/2)

All teams are co-ed. Teams are formed by school areas. Practices are weeknights. Practices start in late March with games beginning in mid-April. Games played Saturdays and some weeknights at local fields. Pre-K must be age 4 by 8/31/15.

Registration begins in early December; deadline to register is Monday February 29.

T-Ball	57454	\$50
Tossball	57455	\$50

BOYS BASEBALL(3/4, 5/6, 7/8, 9-12)

Teams are formed by school areas. Games and practices are weeknights. Practices start in early April with games beginning in early May. **Registration begins in early January; deadline to register for elementary leagues is Monday March 7. Registration for middle school/senior high leagues is Monday April 4.**

Grade 3/4	57456	\$55
Grade 5/6	57457	\$60
Grade 7/8	57458	\$65
Grade 9-12	57459	\$65

YOUTH SPORTS SPONSORSHIP

A \$150 Youth Team Sponsorship benefits the youth in our community. A sponsorship allows fees to remain affordable, insures that all participants will have safe, high quality equipment, shows community involvement AND advertises your business. (253) 856-5000 or visit KentWA.gov/sportsleagues for more information.

GIRLS FASTPITCH SOFTBALL

Teams are formed by school areas. Games and practices are weeknights. Practices start in mid-April with games beginning in mid-May. Season ends late June/Early July. **Deadline to register is Mon. March 14.**

Grade 3/4	57460	\$55
Grade 5/6	57461	\$55
Grade 7/8	57462	\$60
Grade 9-12	57463	\$60

GIRLS FASTPITCH SOFTBALL CLINICS

Learn the different skills and techniques of fastpitch softball. Instruction provided by Chris Wright and Gary Jones and geared towards all skill levels.

Girls Fastpitch Skills Clinic

Learn fielding, baserunning and sliding.		
57464	Sa	9:00 am-12:00 pm 3/12

Girls Fastpitch Hitting Clinic

57465	Sa	9:00 am-12:00 pm 4/23
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Girls Fastpitch Pitching Clinics

57466	Sa	1:00 pm-2:30 pm 4/23
57467	Sa	3:00 pm-4:30 pm 4/23
Wilson Playfields #3		1 sess/\$25

MLB PITCH, HIT AND RUN

Free event for boys and girls ages 7-14 who reside in the City of Kent limits or attend school within the Kent School District. Competition encourages youth participation and emphasize the fun of baseball. Participants compete in three important aspects of baseball: batting, pitching and base running.

57468	Tu	9:30am-1:00pm 4/5
Wilson Playfields		FREE

Girls Junior Volleyball

SPRING LEAGUE (6, 7/8, 9-12)

Recreational play for girls in grades 6–12. Teams are limited to 10 players. Practice held on weeknights with games predominately on Mondays and Thursdays from late April to mid-May. **Deadline to register is Feb. 15.** Games will not overlap with Kent Parks Girls Fastpitch games.

Grade 6	57469	\$55
Grade 7/8	57470	\$55
Grade 9-12	57471	\$55

John Staley Scholarship Fund:

A fund was established in John Staley's memory to help children needing financial assistance to participate in sports.

If you'd like to contribute:

Please call (253) 856-5000 or send contributions to: Kent Parks, Recreation & Community Services 525 4th Ave. N. Kent, WA 98032.



YOUTH/TEEN PROGRAMS

HOLIDAY CAMP

We'll keep your K-6th grader entertained during the Kent School District Winter Break with TONS of interactive group games, creative arts and crafts and a field trip to see a movie each week. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. Register your child today online, or call 253-856-5030 for more information.

Week 1: Field trip on 12/23

55759 M-Th 7:00 am-6:00 pm 12/21-12/24*
Kent Commons M. McCaughan 4 sess/\$128

*Camp will close at 4pm on 12/24; no camp 12/25

Week 2: Field trip on 12/30

55760 M-Th 7:00 am-6:00 pm 12/28-12/31*
Kent Commons M. McCaughan 4 sess/\$128

*Camp will close at 4 pm on 12/31; no camp 1/1

PRESIDENTS' WEEK CAMP

Sign your K-6th grader up for a week packed full of crafts, songs, group games, and entertainment. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent parks. To register call 253-856-5030.

55761 Tu-F 7:00 am-6:00 pm 2/16-2/19*
Kent Commons M. McCaughan 4 sess/\$132
*No camp 2/15

SPRING BREAK DAY CAMP

During this fun-filled week, campers will participate in games, arts and crafts, and a field trip! Camp is for children in grades K-6th. Kids must bring a morning snack and sack lunch; afternoon snack will be provided by Kent Parks. Register online at webreg.KentWA.gov or call (253) 856-5030.

57443 M-F 7:00 am-6:00 pm 4/4-4/8
Kent Commons M. McCaughan 5 sess/\$165

SUMMER RESIDENT CAMP AT WASKOWITZ

A week of fun, a lifetime of memories. Campfires, sing-alongs, hiking, swimming, beach parties and more. An overnight camp for boys and girls entering 5th, 6th, and 7th grades (Fall 2016). A \$25 non-refundable/non-transferable deposit will hold your child's spot. All fees are due paid in full by Monday, July 18, 2016. Parent and camper information nights will be held at Kent Commons on June 8 and July 13 from 6:30 pm-7:30 pm. Register your child online today or call 253-856-5030 for more information.

BOYS

57441 M-F 8:00 am-2 pm 8/1-8/5
Camp Waskowitz J. Stangle 5 sess/\$330

GIRLS

57442 M-F 8:00 am-2 pm 8/1-8/5
Camp Waskowitz J. Stangle 5 sess/\$330



A Festival of FREE Family Fun!

Date TBA
6 - 9 p.m.
at **ShoWare Center**

Check out
YouMeWeKent.com
for 2016 info



JUNIOR AFTER SCHOOL ALL STARS

Jr. All-Stars is an elementary school program for students grades 1-6, to promote an active lifestyle by encouraging healthy cooking/eating choices as well as more play time and less "screen time".

Jr. All-Stars is a FREE program, but space is limited and registration is required prior to attending. There is no program on conference days or during school holidays. Please call 253-856-5030 for more information.

Springbrook Jr. All-Stars

55756 Tu, Th 3:23 pm-5:00 pm 1/5-5/26

Emerald Park Jr. All-Stars

55757 W 3:18 pm-5:00 pm 1/6-5/25

Soos Creek Jr. All-Stars

55758 M 3:38 pm-5:00 pm 1/4-5/23
D. Hobbs FREE



AFTER SCHOOL ENERGY

Looking for a fun-filled afternoon for your K-6th grader? We offer a variety of HIGH ENERGY activities at 8 local elementary schools that will get your child up and active and having a ton of fun while doing it - and best of all it's FREE! Just complete our ASE registration form and return it to Kent Commons so your child can attend. Space is limited and REGISTRATION IS LIMITED TO ONE SCHOOL PER CHILD. There is no program on conference days, or during school holidays. Call 253-856-5030 for more information.

Park Orchard Elementary

55745 Tu 3:38 pm-5:00 pm 1/5-5/24

Meadow Ridge Elementary

55746 Tu 2:38 pm-5:00 pm 1/5-5/24

Panther Lake Elementary

55747 W 2:58 pm-5:00 pm 1/6-5/25

Scenic Hill Elementary

55748 W 2:38 pm-5:00 pm 1/6-5/25

Horizon Elementary

55749 Th 3:23 pm-5:00 pm 1/7-5/26

Kent Elementary

55750 Th 3:08 pm-5:00 pm 1/7-5/26

Pine Tree Elementary

55751 F 3:38 pm-5:00 pm 1/8-5/27

East Hill Elementary

55752 F 3:38 pm-5:00 pm 1/8-5/27
M. McCaughan FREE

FREE **Mill Creek Middle School Late Night**

Calling all 7th grade to 9th graders!

Open every Friday from 6-9:30 pm

Open gym and more! 620 N. Central Ave.

Bring all your friends and your I.D.

Starts Nov. 20, 2015

YOUTH/TEEN PROGRAMS



After School All-Stars is a middle school recreation program for students at three community sites. Each location has its own activities and special events that keep teens engaged, active and healthy. **The program is free but pre-registration is required.** Contact Kent Parks Youth & Teen Division at (253)856-5030 for more information today.

MERIDIAN AFTER SCHOOL ALL STARS

55753 M, W 3:00 pm-5:00 pm
B. Steward 1/4-5/25
FREE

MILL CREEK AFTER SCHOOL ALL STARS

55754 Tu, Th 3:00 pm-5:00 pm
B. Steward 1/5-5/26
FREE

MEEKER AFTER SCHOOL ALL STARS

55755 Tu, Th 3:00 pm-5:00 pm
D. Hobbs 1/5-5/26
FREE



Kent Parks Community Center 11000 SE 264th

Whether you're looking to get involved, get in shape or just hang out, we offer something for everyone:

- Full Court Basketball • Soccer
- Breakdancing • Step Team
- Volunteer/ Mentor Opportunity
- Video Game Room
- Music Studio and more

Ages 7th grade through 19 years of age. I.D. is required. School ASB card or Drivers License. No hats allowed.

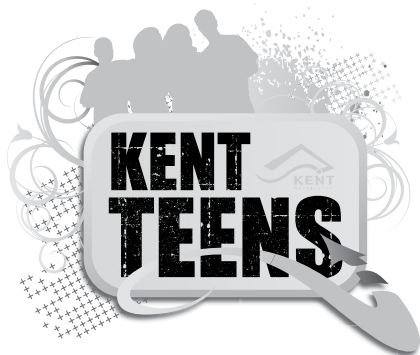
Monday–Thursday, 4:30–9:00 p.m.

Friday, 4:30–9:45 p.m.

Saturday, 5:30–9:45 p.m.

Be sure to check us out at kentteens.com

for pictures, program updates and upcoming special events



Meridian Middle School Late Night

**Calling all
7th grade
to 19 year olds!**

**Open every Tuesday
from 5:30-9:00 pm**

**Open gym and more!
23480 120th Ave. S.E.
Bring all your friends
and your I.D.**

MARY LOU BECKER MEMORIAL FUND

A memorial fund has been established in memory of our dear friend and co-worker, Mary Lou Becker. This fund is used to assist people in need to participate in recreation programs. If you would like to donate, call (253) 856-5030 or send contributions to:

Adaptive Recreation • Mary Lou Becker Memorial Fund, 525 4th Ave. N., Kent, WA 98032.

**WINTER REGISTRATION
for Adaptive Recreation begins
December 2 at 8:00 a.m.**

ADAPTIVE RECREATION 525 4th Ave. N. Kent, WA 98032

The Adaptive Recreation Division offers a full range of programs and services for citizens with and without disabilities in our community. Please call (253) 856-5030 for information or details about specific programs.

STATEMENT OF INCLUSION

"Everyone in the City of Kent community shall have the opportunity to equally participate in, benefit from, and enjoy the parks and recreation programs and facilities. Our mission is dedicated to enriching the lives of all persons participating in Kent Parks, Recreation and Community Services."

PLEASE NOTE:

Program staff provide leadership during activities, however if 1:1 support is necessary to provide for personal needs beyond general program instruction, a support person is welcome to attend at no additional cost. Please call Adaptive Recreation at (253) 856-5030 for more information.

METRO ACCESS USERS!

Please remember your rides should be scheduled no more than 30 minutes before and no more than 30 minutes after a program. Failure to comply may result in additional charges to your account.

STUDIO 315

Studio 315 is a social club with activities including dances, talent shows, theme nights and holiday parties.

57405 F 7:00 pm-9:00 pm 1/15-3/11*
Kent Commons L. Wagie 8 sess/\$48
*No club 2/19

January

- 15 Harmony Kings of Federal Way**
Kick off the New Year with the annual concert from your favorite Harmony Kings of Federal Way.
- 22 Snowflake Ball**
Wear your best black and white clothes and dance the night away.
- 29 Pizza and Dancing**
Bring \$4.00 for pizza and pop. We will dance after we eat.

February

- 5 Winter Beach Party**
Dress in your Hawaiian shirts and skirts and get ready for a beach party.
- 12 Sweetheart Dance**
Grab your sweetheart and take a spin on the dance floor. Enjoy sweet treats for snack.

19 No Club

- 26 Superhero Friday**
Come dressed as your favorite superhero and dance the night away with your friends.

March

- 4 Flipped Out Friday**
"Flipped Out Productions" is back for another night of flipbook magic. Everyone will get a flipbook to take home.
- 11 St. Patrick's Dance**
Don't forget to wear your green on this lucky night! Who will win the pot of chocolate gold at the end of the night.



ADAPTIVE RECREATION

Community Exploration

BUILD A BEAR

It's the "Awesome Adventure" Build a Bear Party! Your party includes any animal up to \$30.00, 1 clothing item or shoe item of your choice, and a drawstring backpack. *The price of the trip includes the party admission (non-refundable).

57407	W	10:30 am-3:30 pm	1/6
Kent Commons	L. Castillo	1 sess/\$45	

ACME BOWLING AND LUNCH

We will head to ACME Bowl for a friendly little competition with our friends. Please bring \$12 to eat after we bowl. *Bowling admission and shoes are included in the price of the trip.

57406	W	10:30 am-3:30 pm	1/20
Kent Commons	L. Castillo	1 sess/\$40	

LUNCH & A MOVIE

We will catch the latest blockbuster movie and then have lunch. Please bring \$12 for lunch or pack a sack lunch. *Price of the trip includes your movie admission.

57408	W	10:30 am-3:30 pm	2/3
Kent Commons	L. Castillo	1 sess/\$35	

PACIFIC SCIENCE CENTER

We will tour the general exhibits and enjoy a documentary movie. Please bring \$12-\$15 to eat lunch after the tour. *Admission price is included in the trip price.

57409	W	10:30 am-3:30 pm	2/17
Kent Commons	L. Castillo	1 sess/\$40	

BOEHM'S CHOCOLATE CANDY TOUR

We will take a tour of Boehm's Chocolate Candy Store and enjoy some free samples. Please bring \$12 to eat lunch out after the trip. Money to buy candy is optional, \$20 is suggested. Admission is included in the price of the trip. *Wheelchair transportation is not provided for this trip.

57410	W	10:30 am-3:30 pm	3/2
Kent Commons	L. Castillo	1 sess/\$30	

Space is extremely limited for outings and there are others waiting to participate if you cannot. Currently, a minimum of three (3) business days is required to request an account credit or refund, and refunds will incur a \$5.00 processing fee.



Trips & Tours

LUNCH AND A MOVIE

We will go see the latest blockbuster at a local theater. Please bring \$12 for admission into the movie. You may pack a lunch or bring \$12 to buy a lunch out. *Wheelchair transportation is not provided on this trip.

57411	Sa	10:30 am-3:30 pm	1/23
Kent Commons	L. Wagie	1 sess/\$25	

JACK & THE BEANSTALK

We will head to the Auburn Avenue Theater for the play of "Jack and the Beanstalk." Please bring \$12 for lunch out before the play. Trip price includes the price of admission. *Wheelchair transportation is not provided for this trip.

57412	Sa	11:30 am-4:30 pm	2/20
Kent Commons	L. Wagie	1 sess/\$35	

POINT DEFIANCE ZOO & AQUARIUM

We will tour the Point Defiance Zoo and Aquarium and have lunch in the cafeteria. Please bring \$15 for lunch or pack a sack lunch. Zoo admission is included in the price of the trip. *Wheelchair transportation is not provided on this trip.

57413	Sa	10:30 am-3:30 pm	3/12
Kent Commons	L. Wagie	1 sess/\$40	



Technology

ACCESS THE FUTURE COMPUTER CLASS

A computer class designed for individuals with developmental and/or physical delays. Class meets at the Kent Senior Activity Center in the computer training lab. *Please note registration is limited to one class per quarter (Monday OR Tuesday) due to space limitations.

57414	M	2:30 pm-4:00 pm	1/11-3/14*
Kent Senior Center J. McLaughlin			8 sess/\$48
*No class 1/18, 2/15			
57415	Tu	3:30 pm-5:00 pm	1/12-3/15*
Kent Senior Center J. McLaughlin			8 sess/\$48
*No class 1/19, 2/16			



Cooking

TEEN COOKING AND NUTRITION

This class will focus on quick, simple and healthy snacks and meals as well as learning about basic nutrition through games and guest speakers.

57416	M	11:00 am-12:30 pm	1/11-3/14*
Kent Commons J. McLaughlin			8 sess/\$56
*No class 1/18, 2/15			

COOKING - BASIC SKILLS

Learn the basic skills of preparing a meal. Enjoy nutritious food with friends and have fun learning to cook.

57417	Tu	5:30 pm-7:00 pm	1/12-3/15*
Kent Commons J. Reynolds			8 sess/\$56
*No class 1/26, 2/16			



Health and Fitness

FLEXI-FIT & FUN

This creative fitness program focuses on improving strength, balance, coordination and endurance.

57418	M	2:45 pm-3:45 pm	1/11-3/14*
57419	M	4:00 pm-5:00 pm	1/11-3/14*
Kent Commons L. Wagie			8 sess/\$48
*No class 1/18, 2/15			

ZUMBA TONING

This class will target toning as well as cardio; participants will hold 1 lb maracas during class. Please wear comfortable workout clothing.

57420	Tu	12:00 pm-1:00 pm	1/12-3/15*
Kent Commons K. Caplan			10 sess/\$45
*No class 2/16			

ZUMBA

Get in shape the Zumba party way, dancing to high energy Latin music. Try it once and you will be hooked, there is no other like it. This class is designed for people with developmental and physical disabilities.

57421	Th	1:15 pm-2:15 pm	1/14-3/17*
Kent Commons K. Caplan			9 sess/\$45
*No class 2/18			

MOVIN' AND GROOVIN'

A parent-child play program designed for children with and without disabilities, involving gross motor play, action songs, singing and parachute time.

15 months to 24 months

57422	F	9:30 am-10:30 am	1/8-2/12
57423	F	9:30 am-10:30 am	2/19-3/25

2 years to 3 years

57425	F	10:45 am-11:45 am	2/19-3/25
57426	F	10:45 am-11:45 am	2/19-3/25

2 years to 4 years

57427	F	12:00 pm-1:00 pm	2/19-4/1
57428	F	12:00 pm-1:00 pm	2/18-3/25
SKIP/CTC		C. Staff	6 sess/\$36

SERVICES

• M.S. Support Group

Monthly meetings are held at the Kent Senior Activity Center (600 E. Smith St.) the 3rd Thursday of each month, from 10:00 a.m. until 12:00 noon.

Winter schedule: 1/21, 2/18, 3/17.

For more information, please contact Lisa Boon at (253) 630-1722.

• NAMI (South King County)

Offering support and education for anyone who has or is involved with someone who has a mental illness; meetings are held on the 2nd and 4th Tuesdays of each month from 6:30 p.m.-8:30 p.m. at the Alliance Center (515 W. Harrison St.). Winter schedule: 1/12, 1/26, 2/9, 2/23, 3/8, 3/22.

For more information call (253) 854-6264.



Creative Arts

CREATIVE ART SPACE

Join Creative Art Space to explore the world of watercolors. We will work on developing traditional techniques as well as experimenting with the medium to bring out the inner artist in everyone.

57428	Tu	10:00 am-12:00 pm	1/12-3/15*
Kent Commons J. McLaughlin			9 sess/\$99
*No class 2/16			

57429	Th	10:00 am-12:00 pm	1/14-3/17*
Kent Commons J. McLaughlin			9 sess/\$99
*No class 2/18			

WORKSHOP THEATER FOR ALL

Students will learn what it is to act in live theater. We will learn basic theater and stage skills through games, activities, and improv. We will work with a script and put on a stage production during our last class.

Teens (Ages 13-21)

57430	Tu	11:00 am-12:30 pm	1/12-3/8*
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All ages (14 and up)

57431	Tu	1:30 pm-3:00 pm	1/12-3/8*
Kent Commons C. Ayres-Graves			8 sess/\$48
*No class 2/16			

ADAPTIVE RECREATION

Sports

BASKETBALL

Shoot hoops and learn basic skills and good team strategy. *Sessions include SOWA sub-regional tournament 1/24 and regionals 1/31.

55799 W 6:30 pm-8:00 pm 12/9-2/10*
Meridian K. Bigelow 9 sess/\$54
Middle School
*No class 12/23, 12/30

DEVELOPMENTAL SWIMMING

Beginners Swimming

This course is designed for individuals 8 years and up who have never been in the water before, or need to build confidence in the water. Instructors will work with participants on floating independently, kicking your legs from the wall, and the very basics of swimming. This is a group instruction class, so if you need a 1:1 in the water you will need to bring a care provider with you.

57432 Sa 9:00 am-9:45 am 1/9-3/5*
Kent Meridian Pool J. McLaughlin 8 sess/\$48
*No class 2/13

Basic to Intermediate Swimming

This course is designed for individuals with developmental/and or physical disabilities. Individuals will learn stroke development and basic to intermediate swimming skills.

57433 Sa 10:00 am-10:45 am 1/9-3/5*
Kent Meridian Pool J. McLaughlin 8 sess/\$48
*No class 2/13

DOLPHINS SWIM TEAM

This course is designed for individuals 8 and up, with developmental and/or physical disabilities, to improve swimming skills and strokes. All athletes must have a current Special Olympics medical form on file.

WINTER

57434 Sa 11:00 am-12:00 pm 1/9-3/5*
Kent Meridian Pool J. McLaughlin 8 sess/\$48
*No class 2/13

SPRING

57444 Sa 11:00 am-12:00 pm 3/26-5/28*
Kent Meridian Pool J. McLaughlin 10 sess/\$65
*No class 4/16

CHEER TEAM

This class will focus on learning cheers, group dance routines and spirit. Cheer participants may participate in select Special Olympics events. Plan to attend SOWA basketball regionals on 2/7. *Sessions include the tournament.

57435 Tu 7:00 pm-8:00 pm 1/12-3/15*
Kent Commons R. Buckley 9 sess/\$54
*No class 1/26, 2/16

TENNIS

Learn basic tennis skills from a pro! This inclusive program is designed for individuals with special needs ages 12 and up; or with instructor approval.

57436 Sa 6:00 pm-7:00 pm 1/9-3/12*
Boeing Employees A. Overland 8 sess/\$48
Tennis Club
*No class 1/16, 2/13



TRACK AND FIELD

Events include running, walking, ball throw, shot put long jump, and wheelchair events. *SOWA regional tournament 4/23 included in number of sessions.

57445 W 6:30 pm-8:00 pm 3/23-6/1*
Mill Creek Middle School L. Wagie 10 sess/\$60
*No class 4/6



THANK YOU

Employees Recycling Program,
Kent Parks Foundation,
Quota International of Kent Valley
and Thunderbirds Community Sports
Foundation for your continued support
and community partnership with
Kent Parks' Adaptive Recreation/
Youth & Teen Programs.



MEDICAL FORMS/ COMPETITION INFORMATION

To participate in Special Olympics training programs and tournaments, applicants must have a current Application of Participation (medical form) on file with Adaptive Recreation. Medical forms are good for up to three (3) years. Please call (253) 856-5030 if you have questions.

Winter Sports Programs

DAY	PROGRAM	TIME	LOCATION
Monday	Flexi Fit & Fun	2:45-3:45 pm	Kent Commons
	Flexi Fit & Fun	4-5 pm	Kent Commons
Tuesday	Cheer	7-8 pm	Kent Commons
Wednesday	Basketball	6:30-8 pm	Meridian Middle School
Saturdays	Swimming x3	9 am-Noon	Kent Meridian Pool
	Tennis	6-7 pm	Boeing Emp. Tennis Club



RIVERBEND

GOLF COMPLEX



6,701 Yards • Par 72
18-Hole Championship
Golf Course

1,174 Yards

Par 3 Golf Course • 9-Hole

Covered Driving Range

Miniature Golf Course

Award winning Pro Shop

2015/16 Events

December 12, 2015
 19th Annual Riverbend Better Ball

January 16, 2016
 19th Annual Riverbend Winter Scramble

February 20, 2016
 22nd Annual Riverbend Ball Buster

April 6-8, 2016
 Spring Break Junior Golf Camp

June 11-14, 2016
 20th Annual 2Man @ the Bend

July 11-14, 2016
 Summer Junior Golf Camp

August 13-14, 2016
 23rd Annual Riverbend Amateur

A City of Kent Facility

2019 W. Meeker St., Kent, WA
 253.TEE.TIME



riverbendgolfcomplex.com
 facebook.com/riverbendgolfcomplex

18 HOLE GREEN FEES

Monday - Friday

	Oct	Nov-Feb
9 Holes	\$14-20	\$14-20
9 Holes Sr./Military	\$14-16	\$14-18
9 Holes Junior.....	\$9	\$9
18 Holes	\$24-32	\$24-30
18 Holes Sr./Military	\$22-24	\$22-26
18 Holes Junior.....	\$16-18	\$16-18
Twilight.....	\$18-20	\$16-20

Sat, Sun & Holidays

	Oct	Nov-Feb
9 Holes	\$16-22	\$16-18
9 Holes Junior.....	\$10	\$9
18 Holes	\$28-38	\$26-40
18 Holes Junior....	\$18-20	\$18-20
Twilight.....	\$22	\$22

9 Holes	18 Holes	9 Holes	18 Holes	9 Holes	18 Holes
Pull Cart	\$3.....\$5	Power Cart...\$9.....\$14	Rental Clubs ..\$15	\$25	

PAR 3 COURSE

Monday - Friday

	Oct-Feb
9 Holes	\$10
9 Holes Sr./Military.....	\$9
9 Holes Junior.....	\$5
Back 9	\$9
Twilight.....	\$9
Pull Cart	\$3

Sat, Sun & Holidays

	Oct-Feb
9 Holes	\$12
9 Holes Sr./Military.....	\$10
9 Holes Junior.....	\$6
Back 9	\$9
Twilight.....	\$9
Pull Cart	\$3

DRIVING RANGE

Small	\$6
Small Senior	\$5.50
Small Junior	\$4.50
Large	\$10
Large Senior	\$9
Large Junior	\$8
40 Small Bucket Pass ..	\$140

GOLF INSTRUCTION

	Adult	Junior
30 Minute Private	\$50.....	\$45
60 Minute Private	\$90.....	\$80
Series of 4, 30 Minute Private	\$180....	\$160
Group Lessons	\$75-\$90	

Instructors:

Marti O'Neill, PGA Head Professional
 Eric Hinrichs, PGA Professional
 Josh Immordino, PGA Professional
 Jon Shabel, PGA Apprentice
 Justin Harvey, PGA Apprentice

ADULT PROGRAMS

Cooking

ITALIAN COOKING

Italy is the home of good cooking and the next best thing to being there is being in the company of an renowned Italian chef. Share recipes and samples as you learn to make nutritious and healthy meals. All supplies included.

Pasta

Learn to make homemade pasta and fillings such as ravioli, tortellini and other basic pasta shapes.

57548 W 6:30 pm-8:30 pm 1/13

Sauces

White or red? The secret is in the sauce! Learn the secrets of great sauces and how they enhance various dishes.

57549 W 6:30 pm-8:30 pm 1/20

Chicken - Italian Style

Come and learn some ways of making chicken 'Italian style' and spice up your dinner.

57553 W 6:30 pm-8:30 pm 1/27

Bread & Pizza

Learn to make this rustic country bread recipe. From this recipe, you will make variations from breadsticks to pizza. All recipes and samples included.

57551 W 6:30 pm-8:30 pm 2/3

Desserts

Learn to make biscotti, puff pastry, tiramisu and other popular, heavenly Italian desserts.

57554 W 6:30 pm-8:30 pm 2/10

Fish - Italian Style

Come and learn some ways of making fish 'Italian style' and spice up your dinner.

57552 W 6:30 pm-8:30 pm 3/9
Kent Commons N. Hamilton 1 sess/\$22

ITALIAN COOKING ON A BUDGET

Preparing and eating a decadent Italian style meal is more affordable than you think. Let me show you how! Cooking demonstration and samples will be shared at class.

57556 W 6:30 pm-8:30 pm 3/2
Kent Commons N. Hamilton 1 sess/\$22

MEDITERRANEAN COOKING

Garlic, capers, olive oil, tomatoes and olives are some of the staples of Mediterranean cooking. Learn to make a complete meal from appetizers to main dishes in this workshop using these staples along with a cadre of fresh vegetables and healthy ingredients. All recipes and samples shared.

57557 W 6:30 pm-8:30 pm 2/24
Kent Commons N. Hamilton 1 sess/\$22



Creative Arts

DRAWING

Bring a sketch book and pencils for one hour of sketching and improving drawing abilities with individual help from artist/instructor. Fun projects planned for students to sample a variety of interpretations of art.

57512 W 1:00 pm-2:00 pm 1/6-1/27
57513 W 1:00 pm-2:00 pm 2/3-2/24
57514 W 1:00 pm-2:00 pm 3/2-3/23
Kent Commons C. McNiel 4 sess/\$32

WATERCOLOR PAINTING

Come experience the joy and beauty of watercolor painting. Learn traditional and experimental watercolor techniques and application. Class includes demonstration, individual assistance, discussion and critique.

Instructor continually introduces new methods and projects. Beginners - intermediate. Supply list will be mailed.

57515 Tu 1:00 pm-3:00 pm 1/19-3/1
57516 Th 1:30 pm-3:30 pm 1/21-3/3
Kent Commons J. Iwasaki 6 sess/\$60
No class 2/18, 2/16

Dance

ADULT IRISH DANCE

Dancers will learn both traditional Irish step (solo) and Ceili (group) dance. Students will work on basic movements, proper posture, form and rhythm. Wear comfortable clothing, Irish ghillies suggested.

57517 Tu 8:30 pm-9:30 pm 1/5-3/29
Kent Commons P. Martig 12 sess/\$147
No class 2/16

BEGINNING BALLET (Ages 16+)

Basic level ballet steps, beginning level barre and centre floor. A great class for stretching and toning. Ballet shoes required. Drop-ins are welcome at \$8 per class.

57518 F 6:00 pm-7:00 pm 1/8-4/1
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/11

BEGINNING BELLY DANCING

All ages/all sizes welcome. The benefits of yoga, and non-impact aerobics at the same time. Body isolations, shimmy techniques and much more. Two beginning topic sets available. Visit www.saqra.net for more information.

57595 Tu 12:00 pm-1:30 pm 1/5-1/26
57596 Tu 6:00 pm-7:30 pm 1/5-1/26
57601 Th 1:30 pm-3:00 pm 1/7-1/28
57602 Th 7:15 pm-8:45 pm 1/7-1/28
57597 Tu 12:00 pm-1:30 pm 2/2-2/23
57598 Tu 6:00 pm-7:30 pm 2/2-2/23
57603 Th 1:30 pm-3:00 pm 2/4-2/25
57604 Th 7:15 pm-8:45 pm 2/4-2/25
57599 Tu 12:00 pm-1:30 pm 3/1-3/22
57600 Tu 6:00 pm-7:30 pm 3/1-3/22
57605 Th 1:30 pm-3:00 pm 3/3-3/24
57606 Th 7:15 pm-8:45 pm 3/3-3/24
Saqra's Studio S. Raybuck 4 sess/\$45

CONTINUING BELLY DANCING

International instructor Saqra's layered teaching technique is appropriate for all levels of continuing dancers, from newly intermediate to professional. See www.saqra.net for complete information.

57607 Tu 1:30 pm-2:45 pm 1/5-1/26
57608 Tu 7:30 pm-8:45 pm 1/5-1/26
57613 W 5:45 pm-7:00 pm 1/6-1/27
57616 Th 6:00 pm-7:15 pm 1/7-1/28
57617 Th 12:15 pm-1:30 pm 1/7-1/28
57609 Tu 1:30 pm-2:45 pm 2/2-2/23
57610 Tu 7:30 pm-8:45 pm 2/2-2/23
57614 W 5:45 pm-7:00 pm 2/3-2/24
57618 Th 6:00 pm-7:15 pm 2/4-2/25
57619 Th 12:15 pm-1:30 pm 2/4-2/25
57611 Tu 1:30 pm-2:45 pm 3/1-3/22
57612 Tu 7:30 pm-8:45 pm 3/1-3/22
57615 W 5:45 pm-7:00 pm 3/2-3/23
57620 Th 6:00 pm-7:15 pm 3/3-3/24
57621 Th 12:15 pm-1:30 pm 3/3-3/24
Saqra's Studio S. Raybuck 4 sess/\$45

JAZZ DANCE (Ages 16+)

Will work for strength and flexibility. Class works on short combinations and complete jazz routines. Beginning to intermediate level welcome. Drop-ins welcome at \$8 per class.

57524 Th 7:45 pm-8:45 pm 1/7-3/31
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/31

TAP DANCE (Ages 16+)

Learn tap combos and routines in this energetic class. Drop-ins welcome at \$8 per class.

Beginning

57519 Tu 3:00 pm-4:00 pm 1/5-3/29
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/8

57521 F 7:45 pm-8:45 pm 1/8-4/1
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/11

Continuing

57520 W 7:45 pm-8:45 pm 1/6-3/30
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/9

Advanced

57522 Tu 7:15 pm-8:15 pm 1/5-3/29
Kent Commons M. Murphy-Brown 12 sess/\$84
No class 3/8

General

WRITING FOR CHILDREN & GETTING PUBLISHED

For the novice writer, we'll explore plot, character, view point, and dialogue. Class also covers how to submit a manuscript and getting published. Lots of tips and plenty of time for questions.

57526 W 1:00 pm-3:30 pm 2/24
57525 M 6:30 pm-9:00 pm 3/14
Kent Commons A. Ruback 1 sess/\$29

Health and Fitness

YOGA MOVING WITH BODY & MIND

Find the ease of moving which will lead to deep relaxation. You will stretch, learn to coordinate your breathing and learn basic yoga moves and techniques. Please bring a mat and large towel to class.

57529 W 6:00 pm-7:00 pm 1/6-2/10
Senior Center C. Rosenfield 6 sess/\$48

57527 M 6:00 pm-7:00 pm 1/11-2/8
Kent Commons C. Rosenfield 4 sess/\$32
No class 1/18

57530 W 6:00 pm-7:00 pm 2/17-3/30
Senior Center C. Rosenfield 7 sess/\$56

57528 M 6:00 pm-7:00 pm 2/22-3/28
Kent Commons C. Rosenfield 6 sess/\$48

PIANO AND GUITAR LESSONS

Lessons are being offered for children and adults. Please see page 10 & 11 for more information.



ShoWalk

FREE indoor walking

M-Th 9 - 11 a.m.

ShoWare Center

625 West James Street

- Open to all ages and modalities
 - Two levels for walking and stairs for extra cardio!
 - Great for therapy and caregivers
 - Complimentary pedometer
- SIGN IN WHEN YOU ARRIVE. Other than service animals, no pets are permitted. *Dates may vary depending on the ShoWare Center schedule**



ADULT PROGRAMS

Dog Obedience

Join us in one of our many dog obedience classes. Instructor Jennifer Schneider owns Pick of the Litter Dog Training, and is a certified Pet Dog Trainer. For more information visit www.pickofthelitterdogtraining.com. **All classes held at the Kent Memorial Park Building.**

BASIC MANNERS

We know that you are tired of your dog pulling on the leash, running off instead of coming to you, and jumping up on everyone. We have a plan to help you. Enroll in our results based, pain free, introductory dog training class, and your dog will learn to sit and stay, walk nicely on leash, come when you call, and lie down and relax. You will be shown how to use these behaviors in real life situations, with and without treats. Your dog will learn to socialize with other dogs calmly and sit to say hello to people. You will receive customized solutions to help with the behavior problems you are having at home. The result will be a well trained dog that listens consistently, even when distracted by other things. For dogs 5 months of age and older.

57568	Su	3:45 pm-4:45 pm	1/3-2/7
57567	W	6:30 pm-7:30 pm	1/20-3/2
57566	M	5:15 pm-6:15 pm	2/8-3/21
57569	Su	3:45 pm-4:45 pm	2/21-4/3
57583	W	6:30 pm-7:30 pm	3/9-4/13
Kent Memorial Park J. Schneider			6 sess/\$95
No class 2/17, 2/15, 3/27			

FEISTY FIDO

For dogs who behave inappropriate around other dogs (growling, lunging, barking). Learn specific skills to help your dog behave and relax in the presence of other dogs. Provides gradual and controlled on-leash exposure to other dogs, along with basic obedience instruction. No dogs first class.

57571	Th	7:45 pm-8:45 pm	1/7-2/11
57572	W	5:15 pm-6:15 pm	1/20-3/2
57573	Th	6:30 pm-7:30 pm	2/25-3/31
57584	W	5:15 pm-6:15 pm	3/9-4/13
Kent Memorial Park J. Schneider			6 sess/\$115
No class 2/17			

PUPPY KINDERGARTEN

Puppies are like sponges - they soak up everything around them and learn new things quickly. Take advantage of this time by getting your puppy into puppy class right away. Your puppy will play off leash with other puppies, get to meet lots of new people, explore safe agility equipment, and learn age appropriate obedience skills, such as sit, come, and walking without pulling. You will receive customized solutions to the problems you are having at home, such as nipping, potty training, jumping up, and chewing. For puppies 8 weeks to 5 months old (up to 6 months for small breed puppies).

57574	Su	2:30 pm-3:30 pm	1/3-2/7
57576	W	7:45 pm-8:45 pm	1/20-3/2
57575	M	6:30 pm-7:30 pm	2/8-3/21
57577	Su	2:30 pm-3:30 pm	2/21-4/3
57582	W	7:45 pm-8:45 pm	3/9-4/13
Kent Memorial Park J. Schneider			6 sess/\$95
No class 2/17, 3/27			



FEISTY FIDO LEVEL 2

Continuation of the skills learned in Feisty Fido. This class is the next step for dogs who behave inappropriately around dogs or people. Continue teaching your dog appropriate social skills. More on-leash practice with parallel walking, passing, approaching and greeting dogs or people, but from decreasing distances, including up close interactions. Includes basic manners skills - stay, come, and heel. Prerequisite: Feisty Fido.

57585	Th	6:30 pm-7:30 pm	1/7-2/11
57579	Th	7:45 pm-8:45 pm	2/25-3/31
Kent Memorial Park J. Schneider			6 sess/\$115

INTERMEDIATE MANNERS

For graduates of Basic Manners. Take your dog's training to the next level. In this class, you will continue to practice and strengthen all the behaviors you taught in Basic Manners, but add a higher level of difficulty, distraction and distance to those behaviors. You will learn how to wean away treats effectively, without losing the behaviors you worked so hard to achieve, as well as how to use life rewards to motivate your dog to have real life manners. During the last week of class, you will have to opportunity to earn your dog's Canine Good Citizen certificate.

57586	Su	1:15 pm-2:15 pm	2/21-4/3
Kent Memorial Park J. Schneider			6 sess/\$95
No class 3/27			

PUPPY NEXT STEP

For graduates of Puppy Kindergarten. Since your puppy is now a little bit older, you can start teaching more mature behaviors, such as sit stay, come to you from a distance, walk at your side, and lie down and relax on a bed or blanket. But, just like Puppy Kindergarten, we include lots of off leash playtime with other puppies and the opportunity to meet and socialize with many new people. And, we can help with those re-emerging puppy problems, like jumping up on people, barking, play biting and excitability. For puppies 4-10 months of age.

57564	M	7:45 pm-8:45 pm	2/8-3/21
Kent Memorial Park J. Schneider			6 sess/\$95
No class 2/15			

Owner, Head Instructor

"I believe in treating each dog as an individual, with patience and kindness. I believe in a positive, dog friendly approach to training, but also understand the importance of rules and structure."

-Jennifer Schneider

Martial Arts

BEGINNING AIKIDO

Aikido emphasizes redirecting the opponent's momentum and power to apply sweeps, throws, locks and holds. Aikido allows you to safely subdue your attacker without the use of extreme force.

57531	M	6:15 pm-7:15 pm	1/4-3/21
ACMMA		R. Dye	10 sess/\$80
No class 1/18, 2/15			

CARDIO-KICKBOXING

Burn fat, relieve stress, tone and strengthen muscles, all while learning basic self-defense techniques. Class involves bag work, wristwraps or bag gloves are strongly recommended.

57532	M, W	6:15 pm-7:15 pm	1/4-1/27
57533	M, W	6:15 pm-7:15 pm	2/1-2/24
57534	M, W	6:15 pm-7:15 pm	3/7-3/30
ACMMA		R. Dye	8 sess/\$70

KENDO-JAPANESE SWORDSMANSHIP (15+)

Develop confidence and learn the culture and etiquette of Japan. Focus on basic footwork and Japanese Samurai swordsmanship. Wooden sword is available from instructor for \$25. Class fee does not include additional equipment costs for continuing and advanced students. Youth and adult classes are combined.

Beginning

57536	M	7:00 pm-7:50 pm	1/4-3/21
Kent Commons		C. Marsten	9 sess/\$59
No class 1/18, 2/15, 3/14			

Continuing

57537	M	8:00 pm-8:50 pm	1/4-3/21
Kent Commons		C. Marsten	9 sess/\$59
No class 1/18, 2/15, 3/14			

Advanced

57538	W	7:00 pm-9:00 pm	1/6-3/23
Kent Commons		C. Marsten	11 sess/\$72
No class 3/16			

MARTIAL ARTS OVER 40

Improve balance, coordination, stamina and strength while learning practical self-defense moves. This is a great alternative workout to the typical gym routine.

57539	Th	7:15 pm-8:15 pm	1/7-1/28
57540	Th	7:15 pm-8:15 pm	2/4-2/25
57541	Th	7:15 pm-8:15 pm	3/3-3/24
ACMMA		R. Dye	4 sess/\$35

WOMEN'S SELF DEFENSE (Ages 12+)

Come learn how to make life saving decisions in the midst of an adrenal response situation. Techniques in assessing the level of danger, and determining appropriate use of force will be introduced. This course goes beyond developing awareness skills by helping you form a proactive personal safety plan. No martial arts experience is necessary.

57542	Sa	10:00 am-1:00 pm	1/30
57543	Sa	10:00 am-1:00 pm	2/27
57544	Sa	10:00 am-1:00 pm	3/26
Kent Commons		J. Dye	1 sess/\$30

ADULT SPORTS/FITNESS

Sports

Kent Parks, Recreation and Community Services offers several adult sports leagues. Individuals wishing to participate in an adult league must be 18 years of age. Registration is taken by teams only. Individuals wishing to participate can call the Kent Commons office to submit their name, sport and level of play for the individual player list. To check on registration information, league standings and league schedules, please visit KentWA.gov or call (253) 856-5000.

Adult Sports Leagues are run with an emphasis on good sportsmanship, having fun and encouraging team conduct that takes a positive approach toward competition.

ADULT RACQUETBALL CLUB

A great way to build your skill level and stay in shape with both recreational and competitive levels of play.

WINTER LEAGUE

56500	A Division	
56501	B Division	
56502	C Division	
56503	D Division	(Jan.-Mar.)
Kent Commons		10 sess/\$30

ADULT SOFTBALL

Adult Softball Leagues are offered throughout the year. Levels of play offered: Recreation and Competitive for Men and Women, Coed and Church Divisions. Games are played at Hogan Park at Russell Road, Wilson Playfields and Service Club Ballfields.

Spring/Summer Season (April-July)

Second Season (August and September)

ADULT VOLLEYBALL

Adult volleyball is offered three (3) times throughout the year. Various levels of play offered from Tuesday Night "Open" and Wednesday Night Women's Divisions. All matches are played at the Kent Commons.

Fall Season (September-December)

Winter Season (January-March)

Spring Season (April and May)

BODY CONDITIONING/WEIGHT TRAINING

Individual instruction on the proper use of fixed weight equipment (Nautilus), a variety of exercises for each weight station, and how to develop a personal training program. A complimentary one-month pass to the weight room (\$12.50 value) included in \$35 class fee. One hour session by appointment only, call (253) 856-5000.

Kent Commons	C. Doherty	1 sess/\$35
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Athletic Facility Advertising Program

Reach out to thousands of sports enthusiasts by having your business name displayed at a City of Kent premier athletic facility.

Call 253-856-5000 for more information

ADULT PROGRAMS/SPORTS

Outdoor Sports

AMERICA'S BOATING COURSE

Offered by the Poverty Bay Sail and Power Squadron, this basic boating course will satisfy the boater education requirement for the State of Washington and most other states. All boaters born after 1954 now have to have a Boater's Card in their possession to operate any vessel 15 horsepower and over in Washington. Bring a sack lunch. Textbook and CD included - please pick these up prior to class start date at Kent Commons.

57545	Sa	8:00 am-4:00 pm	4/2
Kent Commons	Staff		1 sess/\$35

BALD EAGLE RIVER RUN BY RAFT

Over 300 bald eagles migrate from the wilds of Canada and Alaska to the shore of the Skagit River where they feast on spawning salmon and enjoy the mild climate. Your guide does all the rowing while you sit back, relax and enjoy the beauty of these birds. Bring a camera for a fulfilling trip. Lunch included in the price. Must provide own transportation to the Skagit Valley. Directions sent upon registration.

57446	Sa	10:30 am-4:00 pm	1/9
Skagit River	Staff		1 sess/\$89

FLY FISHING LAKES & STILL WATERS

The Pacific NW is blessed with many excellent fly fishing lakes. Successful lake fly fishing requires different skills and strategies than river and stream fishing. You'll learn what they are in the class and hands-on outing. In session 1 (classroom), we'll discuss tackle, equipment, lines, and hot fly patterns. Session 2 held at Nisqually Valley Fly Fishing will include use of rods, reels, lines and flies. Specific outing details provided after registration.

57587	W	6:30 pm-8:30 pm	3/9
Kent Senior Center	J. Fiskum		1 sess/\$29

NISQUALLY VALLEY FLY FISHING

We'll fish for nice size rainbows in a small private lake with a natural setting. A \$50 private access fee payable to Nisqually Valley on day of class.

57588	Sa	8:00 am-1:00 pm	3/12
	J. Fiskum		1 sess/\$50

FLY FISHING THE PACIFIC NORTHWEST

After 30 years of fishing, guiding, and leading fly fishing tours in the Northwest, the instructor has put together a resource guide to help steer you toward the finest fly fishing the Pacific NW has to offer. Learn where to go, when to go, and useful tips for Northwest fly fishing including hatch charts and fly patterns lists. We'll cover Oregon, Southern BC, but a special emphasis will be on Washington State and some local options. Includes information on lodging, fishing guides, and local resources.

57590	W	6:30 pm-8:30 pm	1/13
Kent Senior Activity Center	J. Fiskum		1 sess/\$29

INTRO TO FLY TYING

Learn how to tie beautiful fish catching trout flies in this 3-session, hands-on crash course. Successful fly tying is a life long pursuit and adds a very satisfying dimension to the fly fishing experience. In each session, you'll learn three different patterns to give you techniques to tie countless pattern styles. Fly tying vise and tool kits can be provided by instructor (reserve in advance at (425) 495-9945) or bring your own. \$10 material fee payable to instructor on first night of class.

57589	W	6:30 pm-8:30 pm	2/10-2/24
Kent Senior Center	J. Fiskum		3 sess/\$45

SOOS CREEK PARK INTERPRETIVE WALKS

Soos Creek Park is one of south King County's prized wetland habitats. Take one of the interpretive walks to learn more about this fascinating area. Visit www.friendsofsooscreekpark.wikifoundry.com

Owl Prowl

We'll start indoors for the first hour learning about our local owls, then venture outdoors to prowls for owls. Best for those 8 years and over. Meet at Soos Creek Park/Trail 24810 148th Avenue SE, Kent.

57546	Sa	10:00 pm-1:30 am	2/27
57547	Sa	10:00 pm-1:30 am	3/26
Soos Creek Park	J. Miles		1 sess/FREE

WINTER SLEIGH RIDE

Dashing through the Snow! Join us for an authentic horse drawn winter sleigh ride out of Easton, Washington. Bundle up and let the rangers of Happy Trails Adventures take you on a wonderful ride through the woods and along the trails. You'll have time for some sledding or snow play and lunch before heading back. Information and what-to-bring list will be sent upon registration. Transportation to Easton is not included.

57447	Sa	10:00 am-2:00 pm	1/23
Easton, WA			1 sess/\$49

CRYSTAL MOUNTAIN DOWNHILL SKI & SHOWSHOE BUS

Join us for a mid-winter trip to beautiful Crystal Mountain Resort. Trip includes round trip transportation from Kent, Starbucks coffee and donuts on the way to the mountain, and experienced tour escort. No prior snowshoe experience necessary. Bus departs from Kent Senior Activity Center parking lot 600 E Smith St. Rentals, lessons, & food available on site. There are three trip options:

Crystal Mountain Ski Bus Option 1

Alpine Skiing with lift ticket (kids 10 & under ski free). Discounts available for youth and seniors.

57448	Adult 16-69	\$95
	Adult 70+	\$70
	Youth 11-15	\$72

Crystal Mountain Ski Bus Option 2

Enjoy a guided snowshoe walk. Snowshoes included.

57449	All ages	\$65
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Crystal Mountain Ski Bus Option 3

Bus ride and non-guided snowshoe trek on the mountain's lower trails. Or Alpine season ticket holder ride only.

57450	All Ages	\$20
Sa	7:00 am-5:00 pm	1/16

WHITE PASS MULTI-SNOW SPORT ADVENTURE

White Pass, Washington is an incredible snow sports area. Outstanding downhill skiing, cross country skiing and snowshoeing await all from the same base area. This trip to White Pass will include roundtrip transportation, Starbucks coffee and donuts on the way to the mountain, and an experienced tour escort. Trip will depart from the Kent Senior Center Parking lot. Rentals, lessons, & food available on site.

White Pass Option 1

Bus and Alpine ticket

57451	Adult	\$89
	Senior 73+	\$30
	Youth 7-15	\$69

White Pass Option 2

Bus and XC ski or snowshoe ticket

57452	All Ages	\$40
Sa	6:30 am-6:00 pm	2/13



Enjoy classes six days per week! All classes held at Kent Commons
Drop-in fee for all Jazzercise classes \$7

Jazzercise – Dance Mixx

Jazzercise is a calorie-torching, hip swiveling, Shakira'd-be-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Our classes will leave you breathless, toned and coming back for more.

Express:

Cuts through the chase with 30 minute blast of dance based cardio plus strength training. Rev it up and rock it out in half the time.

Strength 45:

Fires up the muscles (all of them) in a 45 minute hard core muscle sculpting strength workout.

Strength 60:

Full 60 minutes of fat burning, muscle sculpting, it-hurts-and-It's-worth-it strength training. This class will transform you!

Monday & Wednesday	4:25 – 5:25 p.m.
Tuesday (Strength 60)	4:25 – 5:25 p.m.
Tuesday & Thursday	6:45 – 7:45 p.m.

Friday (Express)	5:30 – 6:00 p.m.
Saturday (Strength 45)	8:10 – 9:00 a.m.
Saturday	9:00 – 10:00 a.m.

Purchase a Jazzercise pass according to how many days per week you plan to attend class.

1 Class Per Week: \$24

57718	January
57719	February
57720	March

2 Classes Per Week: \$45

57722	January
57723	February
57724	March

3 Classes Per Week: \$49

57726	January
57727	February
57728	March

Unlimited Per Week: \$60

57730	January
57731	February
57732	March



FITNESS

Join us for a complete body workout to terrific music in any of the following classes. Your choice will help you burn fat, have fun and build endurance while exercising. We recommend you visit your doctor before participating in aerobic activities. Wear comfortable clothing and aerobic shoes—no black soles. Bring an exercise mat or towel. Instructors trained in First Aid, CPR and aerobic certified.

Drop-ins welcome—\$5 per class.

Register for any adult fitness class on pages 25/26 and you can add a Kent Commons one-month Weight Room pass for \$6.25

Lunch Time Toning 50 minute class utilizing an exercise fitness ball to tone legs, abs, back and upper body.	57623	M	12:05 pm-12:55 pm	Kent Commons	Mounts	1/4-1/25	\$12
	57624	M	12:05 pm-12:55 pm			2/1-2/29	\$16
	57625	M	12:05 pm-12:55 pm			3/7-3/28	\$16
Lunchtime Bootcamp 50 minutes of boot camp style drills and cardio workout that will challenge your body and improve your speed, agility and overall performance.	57626	Tu	12:05 pm-12:55 pm	Kent Commons	Mounts	1/5-1/26	\$16
	57627	Tu	12:05 pm-12:55 pm			2/2-2/23	\$16
	57628	Tu	12:05 pm-12:55 pm			3/1-3/29	\$20
Crunch at Lunch Core, back, abs and balance exercises performed using balance balls and weights	57629	W	12:05 pm-12:55 pm	Kent Commons	Mounts	1/6-1/27	\$16
	57630	W	12:05 pm-12:55 pm			2/3-2/24	\$16
	57631	W	12:05 pm-12:55 pm			3/2-3/30	\$20
Yoga Break Basic yoga poses that will strengthen, lengthen and relax your body. Bring a yoga mat.	57635	Tu	1:05 pm-1:55 pm	Kent Commons	Mounts	1/5-1/26	\$16
	57636	Tu	1:05 pm-1:55 pm			2/2-2/23	\$16
	57637	Tu	1:05 pm-1:55 pm			3/1-3/29	\$20
	57632	Th	12:05 pm-12:55 pm			1/7-1/28	\$16
	57633	Th	12:05 pm-12:55 pm			2/4-2/25	\$16
	57634	Th	12:05 pm-12:55 pm			3/3-3/31	\$20
Zumba Gold A lower impact and slower paced class makes this perfect for beginners.	57638	Tu	11:00 am-12:00 pm	Kent Commons	Caplan	1/5-1/26	\$16
	57639	Tu	11:00 am-12:00 pm			2/2-2/23	\$16
	57640	Tu	11:00 am-12:00 pm			3/1-3/29	\$16
	57643	Th	12:15 pm-1:15 pm			1/7-1/28	\$16
	57644	Th	12:15 pm-1:15 pm			2/4-2/25	\$16
	57645	Th	12:15 pm-1:15 pm			3/3-3/31	\$16
Lunch Core & Body Sculpting Conditioning class incorporates step and weights for a full body workout with focus on core strength.	57646	F	12:05 pm-12:55 pm	Kent Commons	Barrick	1/8-1/29	\$16
	57647	F	12:05 pm-12:55 pm			2/5-2/26	\$16
	57648	F	12:05 pm-12:55 pm			3/4-3/25	\$12
Step & Core Great overall workout in this combination step, cardio and strength training.	57649	Th	5:20 pm-6:20 pm	Kent Commons	Kebba	1/7-1/28	\$16
	57650	Th	5:20 pm-6:20 pm			2/4-2/25	\$16
	57651	Th	5:20 pm-6:20 pm			3/3-3/31	\$16
Morning Zumba (14+) Fun, energetic dance workout done to Latin music.	57652	Sa	10:15 am-11:15 am	Kent Commons	Caplan	1/2-1/30	\$20
	57653	Sa	10:15 am-11:15 am			2/6-2/27	\$16
	57654	Sa	10:15 am-11:15 am			3/5-3/26	\$16
Zumba (14+) Fun, energetic dance workout done to Latin music.	57656	M	5:30 pm-6:30 pm	Kent Commons	Kebba	1/4-1/25	\$12
	57657	M	5:30 pm-6:30 pm			2/1-2/29	\$16
	57658	M	5:30 pm-6:30 pm			3/7-3/28	\$12
	57660	Tu	5:30 pm-6:30 pm			1/5-1/26	\$16
	57661	Tu	5:30 pm-6:30 pm		Pena	2/2-2/23	\$16
	57662	Tu	5:30 pm-6:30 pm			3/1-3/29	\$16
	57664	W	5:30 pm-6:30 pm		Caplan	1/6-1/27	\$16
	57665	W	5:30 pm-6:30 pm			2/3-2/24	\$16
	57666	W	5:30 pm-6:30 pm			3/2-3/30	\$16
Zumba Toning	57671	Th	4:30 pm-5:15 pm	Kent Commons	Deines	1/7-1/28	\$16
	57672	Th	4:30 pm-5:15 pm			2/4-2/25	\$16
	57673	Th	4:30 pm-5:15 pm			3/3-3/31	\$16



KENT PARKS, RECREATION AND COMMUNITY SERVICES

FRI. DECEMBER 4TH 10AM-6PM

SAT. DECEMBER 5TH 9AM-4PM

FREE ADMISSION!

Over 100 vendors and a variety of
hand crafted gifts, food and entertainment!

Kent Commons • 525 4th Ave N. Kent - 253.856.5000



RETURN REGISTRATION FORM AND FEE TO:

Kent Parks, Registration, 525 4th Avenue North, Kent, WA 98032-4497

33rd Annual Kent Parks

5K/10K Christmas Rush Fun Run & Walk

Saturday, December 12

Hogan Park at Russell Road 24400 Russell Road

Day of Race Registration: **8:00 a.m.**

5K starts: **9:50 a.m.**

10K starts: **10:00 a.m.**

Pre-registration deadline: **December 4, 2015**

Race info: **253.856.5050, mhendrickson@KentWA.gov**

Register online: **Active.com**

Name _____ E-Mail _____ Birthdate / / Age _____

Address _____ City _____ State _____ Zip _____

Home Phone () _____ Work Phone () _____ Sex: Male ☐ Female ☐

RUN/WALK CHOICE

- ☐ 5K Men's Run - 56608
☐ 5K Women's Run - 56610
☐ 10K Men's Run - 56609
☐ 10K Women's Run - 56611
☐ 5K Recreational Walk - 56612

Register before December 5

Run/Walk Only _____ (\$10)

With T-Shirt (optional) _____ (\$25)

Total _____

After December 5

Run/Walk Only _____ (\$20)

With T-Shirt (optional) _____ (\$35)

Total _____

Adult Sizes, Long-Sleeved T-Shirt: ☐ XSm ☐ Sm ☐ Med ☐ Lg ☐ XL ☐ XXL

AGE ☐ 8 & under ☐ 14-18 ☐ 25-29 ☐ 35-39 ☐ 45-49 ☐ 55-59 ☐ 60-64 ☐ 70-74 ☐ 80+
☐ 9-13 ☐ 19-24 ☐ 30-34 ☐ 40-44 ☐ 50-54 ☐ 65-69 ☐ 75-79 ☐ Wheelchair

Credit Card Information

Please print name of cardholder _____

VISA or MasterCard # _____

Exp. Date _____

I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury or damages, I do hereby release and hold harmless the City of Kent, its elected and appointed officials and employees, the organizers, sponsor, supervisor or any volunteer connected with the program from any and all claims, injuries, damages, losses or suits, including attorney fees, arising out of or in connection with the program. In the absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release.

I grant full permission to use any photographs, videotapes, motion pictures, recordings or any other record of this program for any City of Kent informational or promotional use.

Spotlight 2015 • 2016 SERIES

Welcome to the Kent Arts Commission's 2015-2016 Spotlight Series. This season marks the 18th year that Spotlight Series has been bringing great family entertainment and a wide variety of performing arts to Kent stages. The Kent Arts Commission is proud to present these performances in venues that are close to home and easily accessible to Kent residents. See you at the shows!

THE SECOND CITY "HOLIDAZED AND CONFUSED"



THURSDAY, DECEMBER 3

7:30 p.m.

Kent-Meridian Performing Arts Center
\$30 general, \$28 senior, \$15 youth

*Co-sponsored by Curran Law Firm
and Judy Woods*

For over 50 years, Chicago's famous and hilarious comedy company, The Second City has performed social and political satire in the form of scripted sketches, music, and improvisation. Their alumni include Bill Murray, Mike Myers, Steve Carell, Julia Louis-Dreyfus, Tina Fey, Joan Rivers, Stephen Colbert, and so many more. With original songs, brand new sketches, and some classic favorites, this boisterous holiday revue is sure to please. *May contain adult or mature content.

MAGICAL STRINGS Celtic Yuletide Concert



SUNDAY, DECEMBER 6

3:00 p.m.

Kent-Meridian Performing Arts Center
\$25 general, \$22 senior, \$15 youth

The Boulding Family's musical celebration of the holiday season is a treasured tradition in Kent. Once again, Pam and Philip Boulding are joined by their children, grandchildren, and guests for an afternoon of enchanting Yuletide music. The Bouldings perform on Celtic harps, hammered dulcimers, whistles, strings, percussion, and harp-like instruments from around the world. Guests add Irish step dancing, drumming, and storytelling for a festive and memorable performance.

INTERNATIONAL GUITAR NIGHT



FRIDAY, JANUARY 29

7:30 p.m.

Kent-Meridian Performing Arts Center
\$28 general, \$25 senior, \$15 youth

International Guitar Night is North America's premier traveling guitar festival, bringing together the world's foremost acoustic guitarists to perform their latest original compositions and exchange musical ideas in a public concert setting. Founder Brian Gore invites a new cast of guitar luminaries to join him for a special evening of solos, duets, and quartets that highlight the virtuosity and diversity within the world of acoustic guitar. Gore will be joined by three of Europe's leading acoustic guitarists: Gypsy Jazz legend Lulo Reinhardt, contemporary fingerstyle innovator Mike Dawes, and multi-genre showman Andre Krengel.

ANTICS "SNEAKER SUITES"



FRIDAY, FEBRUARY 5

7:30 p.m.

Kent-Meridian Performing Arts Center
\$20 general, \$18 senior, \$15 youth

*Partial funding from WESTAF,
National Endowment for the Arts, and
Washington State Arts Commission*

Antics is a Los Angeles-based hip-hop dance theater company. Under the direction of Amy "Catfox" Campion, Antics creates multimedia urban dance performances that incorporate b-boying, b-girling, krumping, popping, capoeira, DJs, MCs, spoken word, theater, and film. "Sneaker Suites" utilizes the expressiveness and virtuosity of street dance, as well as provocative poetry to tell the stories of sneakers: those who make them, those who wear them, and those who dance in them.

A FIDDLER'S FEAST



featuring Alasdair Fraser & Natalie Haas, Jay Ungar & Molly Mason

"A Fiddler's Feast" brings two acclaimed duos together to share the stage. Alasdair Fraser and Natalie Haas, along with Jay Ungar and Molly Mason deliver everything from Scottish dance music to a wide range of American roots genres, and tunes ranging from poignant to sizzling.

FRIDAY, FEBRUARY 26

7:30 p.m.

Kent-Meridian Performing Arts Center
\$28 general, \$25 senior and \$15 youth

AL STEWART



By the time he was 22, Al Stewart had met the Beatles and played John Lennon's guitar, opened for The Rolling Stones, shared an apartment with Simon & Garfunkel, recorded for Jimmy Page, and spent a year playing guitar for Yoko Ono. Stewart came to stardom as part of the folk revival of the late '60s and '70s, and developed his own distinctive style of combining folk-rock music with delicately woven tales of the great characters and events of history. He is best known for his #1 hit "Year of the Cat" from the platinum album of the same name, and his follow up album "Time Passages, which also went platinum.

FRIDAY, MARCH 18

7:30 p.m.

Kentwood Performing Arts Center
\$28 general, \$25 senior, \$15 youth
Sponsored by the Pete and Pat Curran Family

SISTER'S EASTER CATECHISM



Celebrate the Easter Season with Sister as she answers time worn questions like "Who was Mary Magdalene?", "Why isn't Easter on the same day every year like Christmas?", and "Will My Bunny Go To Heaven?" Part pageant, and wHOLY hysterical, this installment of the sinfully funny Late Nite Catechism series unearths the origins of Easter bunnies, Easter eggs, Easter baskets, Easter bonnets, and, of course, those yummy Easter Peeps. Get ready to participate as Sister runs her own version of the Easter Egg Hunt, with special rewards, and candy giveaways. Bring the whole family, don your bonnet, and join Sister for this new seasonal treat!

FRIDAY, APRIL 1

7:30 p.m.

Kentwood Performing Arts Center
\$25 general, \$22 senior, \$15 youth

SPONSORS

Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department with the support of the following sponsors.



Pete & Pat Curran Family • Judy Woods



CURRAN LAW FIRM

CULTURAL ARTS SPOTLIGHT SERIES

PERFORMANCE LOCATIONS:

- Kent-Meridian High School Performing Arts Center
10020 SE 256th Street, Kent
- Kentwood High School Performing Arts Center
25800 164th Avenue SE, Covington

DIRECTIONS AND PARKING:

Locations are on Kent's East Hill, a short drive (approximately 30–40 min) from Seattle and Tacoma. For directions see **KentArts.com** or call (253) 856-5051. Free parking is available.

POLICIES AND INFORMATION:

Senior and youth tickets

- Age 60 and older qualifies for senior ticket rates.
- Age 25 and younger qualifies for youth ticket rates.

Refunds/exchanges

- No refunds or exchanges—ticket purchases are final.

Seating

- All seating for Spotlight Series events is assigned/reserved.
- Seating will begin 30 minutes prior to performance time.
- Late seating is not guaranteed and is at the discretion of the performers and House Manager.

Special Needs

Please let us know in advance how we might be able to help and we will provide reasonable accommodations to those needing special assistance. For wheelchair seating, please advise when purchasing tickets.

Children

- Spotlight Series is family friendly but some performances may not be appropriate for young children—please use discretion when choosing performances for young patrons.
- Children over 12 months must have a ticket for all shows.

TICKET INFORMATION:

Subscriptions

- Create your own subscription series—Purchase tickets to any four or more separate performances and receive 10% off on each ticket price.

All tickets must be purchased in the same transaction.

Group Rates

- Buy 10 or more tickets to any one performance and receive 10% off.
- Buy 20 or more tickets to any one performance and receive 20% off.

All group tickets must be purchased in the same transaction to receive the discount and must be purchased by calling or visiting the box office (no group discounts on-line).

FOR TICKETS...

- Purchase on-line: **KentArts.com**
Look for the "purchase tickets" link.
- Call (253) 856-5051, Monday–Saturday. A Visa or Mastercard is required for phone orders.
- Walk in to the Kent Commons, 525 4th Avenue North, Kent, Monday–Saturday. Phone and walk-in hours are: Mon.–Thurs. 6 a.m. to 10 p.m., Fri. 6 a.m. to 9 p.m. and Sat. 8 a.m. to 9 p.m.

Spotlight Series is presented by the Kent Arts Commission and City of Kent Parks, Recreation and Community Services Department.



It is the goal of the Neighborhood Program to build viable partnerships between the City and its residents.

A complete list of recognized neighborhoods and applications to become a recognized neighborhood are available at KentNeighborhoodProgram.com.

Benefits of being an Officially Recognized Neighborhood

- Staff to work with your neighborhood
- Access to grant funding
- Leadership workshops and training

The Neighborhood Grant Program is one of the benefits of being a Recognized Neighborhood.

The program provides matching funds to:

- Help implement projects that will improve the livability of their neighborhoods
- Matches include neighborhood volunteer labor, professional services, cash or donated materials.

The matching grant application opens January 4, 2016. Applications are due April 1, 2016.

ADULT 50+ PROGRAMS

Kent Senior Activity Center

600 East Smith Street, Kent, WA 98030
(253) 856-5150

M-F: 8:30 am-4:30 pm*

*Extended hours: Tuesday to 9:45 pm
Wednesday to 9:00 pm


The Kent Senior Activity Center features daily recreation activities, including lunch, classes, workshops, trips, special events, health services, outdoor recreation and Fitness Center.

Karaoke BINGO



M, Tu, Th, F - \$6 all ages
Wed. Deli only \$5 all ages
11:45 a.m. to 1:00 p.m.

For update, call Menu Hotline:
253-856-5155

Deli Bingo, 2nd Wed. by  **Free Wed. lunch drawing**
Senior and Assisted Living
Whole Life Living.
compliments of Regency Auburn

Special thanks to: Talbot Healthcare & Stafford
Suites for ongoing contributions

KENT PARKS DELI & CAFE C-12s FUNDRAISER*

FREE (with \$5 lunch purchase)

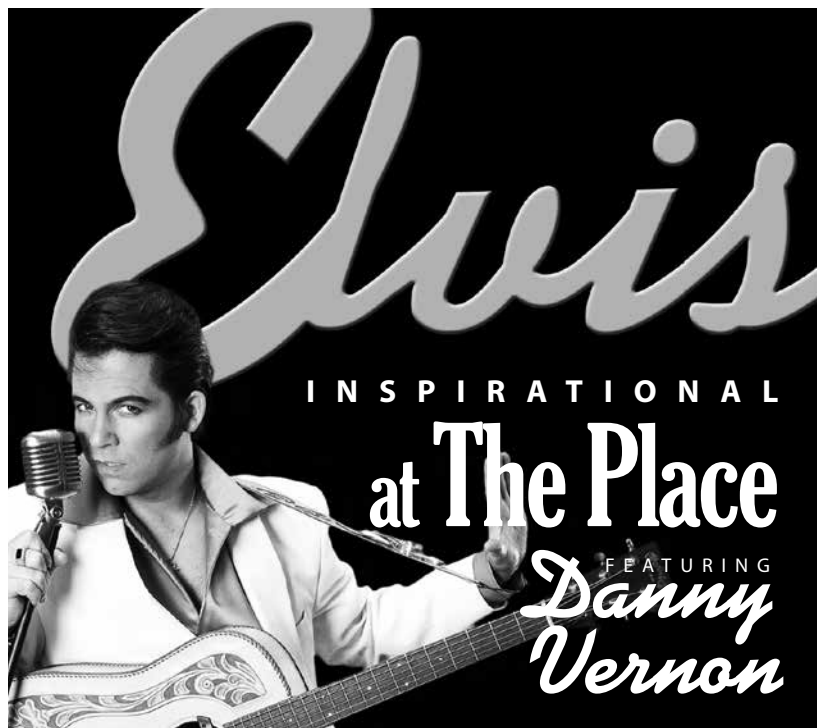
Wed. Feb. 10, 2016 • 11:30 am - 1 pm

Singers may sign up between 10:30 and 11:30 am to lead sing-alongs during Karaoke-Bingo sessions.

Advanced lunch tickets available for \$5 (all ages) beginning Jan. 5, 2016. Seating order by ticket number.

Gift Card Prizes (valued from \$25 to \$150) provided by TALBOT CENTER for Healthcare and Rehabilitation

*Tax-deductible donations accepted for the Kent Parks Deli & Cafe all 12 months of the year. For more information, call 253-856-5164



dannyvernon.com

Dinner & Music at Kent Place*

Thursday, March 31, 2016
4-8 pm

- 4 pm** - Social Security 101 workshop
- 5 pm** - "MySocialSecurity" Account Appts.
- 5 pm** - Medicare Workshop by SHIBA
- 6 pm** - Mitzel's Boxed Dinner
- 7 pm** - Danny Vernon Concert

\$8 all ages includes workshops, door prizes, info booths, dinner and concert. Beginning Tues. Mar. 1, tickets available in person or by phone with MC/Visa while supplies last.

*Event at Kent Senior Activity Center - see address & phone above.

Special thanks to our co sponsors



ADULT 50+ PROGRAMS

Day Trips & Leisure Travel Opportunities

Kent Senior Activity Center offers a variety of day trips & leisure travel options. Be sure to check out what is coming up at **253-856-5150** or **Kent50Plus.com**

For information on 2016 leisure travel opportunities contact Cindy at **253-856-5162** or email **crobinson@KentWA.gov**



"North of Fifty" Snow Sports Program

Join us this winter for Downhill Ski, Cross Country Ski and Snowshoe Adventures.

Both day trips and overnight tours will be offered.

- **Crystal Mountain Alpine Ski Bus**
Tuesdays, January - March 2016
- **X-Country & Snowshoe Bus**
Thursdays, January - March 2016

For more information on our Snow Sports Program, contact John at **253-856-5163** or email **jfiskum@KentWA.gov**

Extended Tours

- **Lake Chelan & Echo Ridge Nordic**
X-C and Snowshoe
January 19-22, 2016
- **Timberline Lodge - Mt. Hood, Oregon**
Downhill Ski and Snowshoe
February 1-4, 2016
- **Stevens Pass-Leavenworth-Mission Ridge**
Downhill, X-C and Snowshoe
February 18-19, 2016
- **Red Mountain Resort, BC**
Downhill, X-C and Snowshoe
February 28-March 4, 2016

Fishing Program - Sneak Peek meeting

Tuesday, Dec. 8th at 9:45 am

Learn about our upcoming day trips, overnights and Extended Travel Adventures for 2016. Enjoy coffee pastries, prizes and meet new angling friends. For more info, contact John: **253-856-5163** or **jfiskum@KentWA.gov**

50+ Fitness Center

- \$1.50 drop in 50+ (\$3 age 16 to 49)
- Personal Trainer for hire
- State of the art aerobics and strength equipment
- Monthly rate discounts available
1 month: \$13.50*
3 months: \$31*
1 year: \$121*

*includes \$1 I.T. fee

Note: Guests aged 16 to 49 passes are double cost.

Evening Dances

at the
Kent Senior Activity Center
TUESDAYS

7:30 to 9:30 pm • \$4

Except for 1st Tuesday Kings
of Swing Dances 7:45 – 9:30 PM

All ages welcome

DECEMBER 2015

1.....Kings of Swing
8.....Randy Litch
15.....Andy Burnett*
22.....Randy Litch
29.....Randy Litch

JANUARY 2016

5.....Kings of Swing
12.....Randy Litch
19.....Andy Burnett*
26.....Randy Litch

FEBRUARY 2016

2.....Kings of Swing
9.....Randy Litch
16.....Andy Burnett*
23.....NO DANCE

MARCH 2015

1.....Kings of Swing
8.....Randy Litch
15.....Andy Burnett*
22.....Randy Litch
29.....Randy Litch

**Rock 'n Roll Dances by Andy Burnett.*

Refreshments Provided by:

Farrington Court, Radcliffe Place,
Stafford Suites, The Weatherly Inn,
Judson Park, The Lakeshore

HEALTH & EDUCATION PROGRAMS:

Aerobics Mon. Wed. 10 AM
Aerobic Video Fridays 9 AM
Art Classes Varies
 Mixed Media, Watercolor, Acrylics
BeWell Workshops Wed. 1 PM
Chi Gong Video Thurs. 9:30 AM
Computers Classes Varies
 Keyboarding, Computers 101, Intermediate, Advanced, Digital Photography, Internet, Word, Excel, EBay, PayPal, Social Networking, Email
Counseling Mondays, individual by appt.
Defensive Driving
 2nd Thurs. Fri., 10 AM to 3 PM
General Health Workshops
 Hearing, vision, fall prevention
Stretch/Strengthening Tues. Thur.
 Beginning 10:15 Intermediate 9 AM
Yoga Fridays, 9:45 AM

FUND RAISERS AND SPECIAL EVENTS:

Christmas Luncheon
 December 11, 2015
Elvis Inspirational at Kent Place
 Thurs. March 31, 2016
Music & Art Showcase
 Thurs. June 23, 2016

OFF SITE ACTIVITIES:

Pickleball Kent Commons
Softball Various Fields
Volleyball Kent Commons

TRIPS, TRAVEL and OUTDOOR PROGRAMS:

Day Trips To Be Determined
 Local, Regional Tours TBD
Fishing
Golfing Seasonal
Hiking
Local Overnight Trips TBD
Rafting (Floats, Whitewater)
Skiing (Downhill) Seasonal
Skiing (X Country) Seasonal
Snowshoeing Seasonal

SPECIAL INTEREST PROGRAMS:

Alliance for Retired Americans
 2nd Thursdays, 1 PM
Book Club 1st Wednesdays 1 PM
 Co-sponsored by Auburn Meadows
Bring Your Own Crafts Wed. 9 AM
Fly Tying Tuesdays, 9:30 AM
Hooks 'n Needles Thursdays, 1 PM
Jigsaw Puzzles Daily
Kiwanis Easter Breakfast TBA
Library Daily
Lions's Breakfast Seasonal
Lion's Barbecue Seasonal
Poetry Club 1st & 3rd Fri. 10:45 AM
Readers Theater TBD Seasonal
 Co-sponsored by Chateau at Valley Center
 Mondays, 10 AM
Recycled Greeting Cards TBA
Red Cross Stitchers
 Tuesdays, 12:30 PM
Speedy Readies Book Club
 3rd Tue. Odd-numbered Months, 1 PM
Stamp Collecting Tuesdays 2 PM
Woodcarving Wed. 9:30 AM

CARDS & GAMES:

Bridge Wednesdays, 12 noon
Canasta Thursdays, 10 AM
Dominoes (Mexican Train)
 Tues. Thurs. 1:30-4pm
Hand 'n Foot Wed. & Fri. 12:30 PM
Mah Jong Mondays, 11:30 AM
Ping Pong Mon. & Wed. 1:30 PM
Pinochle Tues. 12:30 Wed. 5:30 PM
Pool (Billiards) Daily
Whist Fridays, 12:15 PM
Wii Monday, Friday, 12:30-4:30 PM

MUSIC & DANCE:

Ballroom Dances Tues. 1:15 PM
 Also Rock'n Roll, 2 step, Line dance
Ballroom Dances Tues. 7:30 PM
Hula Dance 2nd & 4th Thurs. 1pm

Juice'n Jazz 1st Tues. 12:30 PM
 Free Jazz, Juice, Door Prizes
 Co-sponsored by Radcliffe Place
Karaoke 2nd Friday, 9:30-1:30 PM
 4th Tuesday, 9-11:45 AM
Koffee Klatch Mondays, 11 AM
 Free Music, Coffee, Door Prizes
 Co-sponsored by Stafford Suites
Line Dancing Wednesdays,
 1:45-2:45 Intermediate
 3:00-4:00 Beginners
Ring & Swing Thursdays, 1:15 PM
Rock'n'Roll Dance 3rd Tuesday, 7:30 PM
Swing Dances 1st Tues. 7:45 PM
Ukulele Jam Sessions 1st & 3rd Thu.
 Lessons: 1 PM Jamming: 1:30 PM

IN HOUSE SERVICES:

Alzheimers Support 1st Wed. 6:30 PM
Blood Pressure Monitoring
 Tues. 10:30 AM to 12 noon
Coffee Bar Daily
Elder Law Clinic (Senior Issues)
 2nd & 4th Fridays, 1 PM, by appointment
Fitness Center Daily
Foot Clinic Tues., by Appointment
Grief Support Some Wed. 10 AM
Hair Cuts TBD by Appointment
Health Insurance Counseling
 2nd Monday, by Appointment
Healthy Smiles Dental 1st Friday,
 4th Thursday by Appointment
Legal Clinic (Neighborhood)
 Wed. 6 PM by Appointment
LGBT Support
 2nd & 4th Mon. 1 PM
Massage Therapy Wed. Thurs. AM
 by Appointment
Meals On Wheels (Frozen Food)
 Pre-registration required
Reflexology Wed. 12:30-5 PM
 by Appointment
Support Group Mondays 10 AM
 Drop Ins welcome
Vision Support Group 3rd Mon., 1 PM

ALL PROGRAMS, ACTIVITIES AND SERVICES HELD AT:

Kent Senior Activity Center • 600 East Smith Street, Kent, WA 98030 • 253-856-5150

NOTE: Many activities are free but some events, classes, trips or programs may include fees.

KENT COMMONS



Please contact the Facility Scheduling Office at: 253.856.5000 • KentWA.gov/KentCommons

Kent Commons

The Kent Commons is a public recreational facility that is home to a wide variety of physical and cultural activities.

Phone: (253) 856-5000

Fax: (253) 856-6000

Direction Line: (253) 856-5025

Website: KentWA.gov/kentcommons

OPERATING HOURS

M–Th: 6:00 am–10:00 pm

F 6:00 am–9:00 pm

Sa 8:00 am–9:00 pm

**Call (253) 856-5000
for more information**

Reception Halls, Meeting Rooms, Auditoriums

The Kent Commons offers six meeting rooms and two reception halls/auditoriums varying in size and able to accommodate groups up to 300. The double gymnasium is also available to rent for larger events. Call (253) 856-5000 for availability and rental rates.

OPEN PARTICIPATION PROGRAMS

Day	Time*	Fee
Basketball		
Tu–Th	11:30 am–1:30 pm	Free

The gymnasiums are also available for team rentals.

Racquetball (253) 856-5010		
M–Th	6:00 am–10:00 pm	\$7/hr
F	6:00 am–9:00 pm	\$7/hr.
Sa	8:00 am–9:00 pm	\$7/hr.

Senior citizen rate is \$3.50 per hour for selected times only.

Conditioning Room		
M–Th	6:00 am–10:00 pm	\$2
F	6:00 am–9:00 pm	\$2
Sa	8:00 am–9:00 pm	\$2

Conditioning room pass (unlimited use) \$12.50 per month or \$37.50 per quarter.

50% off for adults 55+. *All hours are subject to occasional schedule changes.

SPORTS & FITNESS

Facilities available for community use within the Kent Commons Community Center include:

Double gymnasium equipped for volleyball, basketball, badminton, etc.

- Fully-equipped conditioning room/Nautilus weight machines, treadmills, stair climbers and exercise bikes
- Handball/racquetball courts
- Mini-gym for exercise and dance classes
- Music room: hourly rate for piano practice
- Showers and coin-operated lockers
- Vending area with snacks and beverages
- Walleyball



Interurban Room



Green River Room



Crystal Mountain Room



Mill Creek Room

REGISTRATION FORM

Parent/Account Holder's Name: _____

Address: _____ City: _____ Zip: _____

206 253 360 425 206 253 360 425 206 253 360 425

Home Phone: _____ Mom Work Ph: _____ Dad Work Ph: _____

E-Mail Address: _____ ☐ Check if new address ☐ New phone

Ethnicity/Race (Optional) Please select one: ☐ Asian ☐ Black or African American ☐ Hispanic or Latino ☐ White

☐ Native Hawaiian or other Pacific Islander ☐ American Indian or Alaska Native ☐ Other ☐ Two or More Races

Participant Name	Birthdate	M/F	Grade	School	Course #	Class/Program	Dates	Days	Times	Fee

Help support your community by making a tax-deductible donation to:

- ♥ **Special Gifts for Special Needs:** Supports Adaptive Recreation activities.
- ★ **Scholarship Fund:** supports qualified low-income families participating in Recreation programs. *Thank you!*

CLASS/PROGRAM TOTAL:

♥ SPECIAL NEEDS DONATION:

★ SCHOLARSHIP FUND DONATION:

*Effective 2012 a \$1 technology fee is being applied to support systems that provide convenience and efficient service delivery.

Technology Fee

\$1.00

GRAND TOTAL

I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury or damages, I do hereby release and hold harmless the City of Kent, its elected and appointed officials and employees, the organizers, sponsor, supervisor or any volunteer connected with the program from any and all claims, injuries, damages, losses or suits, including attorney fees, arising out of or in connection with the program. In the absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in the release.

I grant full permission to use any photographs, videotapes, motion pictures, recordings or any other record of this program for any City of Kent informational or promotional use.

(Please indicate card and number)



Card #

Expiration Date

Please print name as it appears on the card.

DO NOT SEND CASH

**Mail fee and registration form to: Kent Parks, Recreation & Community Services, Kent Commons Registration
525 Fourth Ave. North • Kent, WA 98032-4497
Phone: (253) 856-5000 • Fax: (253) 856-6000**

Signature of Participant (Parent/Guardian, if minor)

Date

HOUSING & HUMAN SERVICES

KENT FOOD BANK

Clients may visit the Kent Food Bank once per month (either at our downtown location or at the Birch Creek Annex) for food and government commodities. Bread and perishables are available on a weekly basis. Homeless clients may visit weekly for perishables and non-perishable food items.

Top 25 items needed by the Kent Food Bank:

- | | |
|--------------------------|---|
| 1. Peanut Butter | 15. Milk (powdered, evaporated, and shelf stable) |
| 2. Canned Peas | 16. Vegetable Soup |
| 3. Canned Corn | 17. Cream of Chicken/Cream of Mushroom Soup |
| 4. Canned Green Beans | 18. Chili |
| 5. Canned Fruit Cocktail | 19. Oil (vegetable, olive) |
| 6. Canned Peaches | 20. Canned or Bagged Beans |
| 7. Canned Pineapple | 21. Rice |
| 8. SPAM | 22. Cereal |
| 9. Canned Chicken | 23. Mac and Cheese |
| 10. Canned Tuna | 24. Dried Fruit |
| 11. Canned Meat | 25. Snacks (pudding, granola bars, energy/protein bars) |
| 12. Beef Stew | |
| 13. Fruit Juice | |
| 14. Vegetable Juice | |

Food Bank Location:

515 W. Harrison St, Ste. #107, Kent, WA 98032
(253) 520-3550

Hours:

Monday, Tuesday, Wednesday, Friday
10:00 a.m. to 2:00 p.m.

2nd Wednesday of the month open
5:00 p.m. - 6:00 p.m.

Clothing Bank Hours:

(Registered clients may visit once per month)

Monday, Tuesday, Wednesday, Friday
10:00 a.m. to 12:30 p.m.

Emergency Services: Emergency financial assistance is available on a one-time basis for either PSE final disconnect notices, eviction notices, water shut off notices or prescription medicine. Walk -in with final notice, shut off notice, eviction notice or emergency prescriptions M, T, W or F from 10 am - 1 pm. Staff will evaluate each request and process only those who qualify.

Eligibility & Requirements: Must be low-income resident/individual living within the Kent School District boundaries (not city boundaries). Must show proof of address each visit.

Examples of proof of address:

- * Utility Bill
- * Rent Receipt
- * Current piece of mail

2015 GRANTS, DONATIONS AND VOLUNTEERS

Each year, Kent Parks staff apply for competitive grants to help support our capital and volunteer program goals. In 2015, as of press time, we had been awarded grants valued at \$1,565,777 from these funding sources: King Conservation District REI (through the Kent Parks Foundation), the State of Washington and its Recreation & Conservation Office.

In addition, donations of cash and in-kind materials or services totaling \$15,751 were received from many local businesses and organizations in support of park

improvements, the Green Kent Partnership, and Eagle Scout programs during the first three quarters. In that same period, 1,224 volunteers gave 2,925 hours of their time to help improve our parks, with a value to the city of \$49,784!

For the full list of donors and volunteers, please visit KentWA.gov/Recognition.

Thank you all for your dedication to our parks!

EAGLE SCOUT PROJECTS



Two boy scouts completed or were expected to complete Eagle Scout projects for Kent Parks by the end of 2015. The scouts are required to procure cash and materials to offset the cost of their projects to the city.

We congratulate these Scouts for their work and the leadership they have demonstrated:

- **Dakota Vallejo**, Troop 237, reconstructed 200' of compacted gravel trail at Clark Lake Park (15 volunteers, 114 hours, valued at \$1,940)
- **Zachary Hillyard**, Troop 888, restored an area at Campus Park, removing invasive plants, then planting and mulching 125 native shrubs (in progress)

SPRING 2016 VOLUNTEER EVENTS



For corporate work groups, students looking for fun ways to gain community service hours, scouts earning badges, faith-based communities, clubs and individuals who enjoy making a difference in just a few hours, here are some great opportunities:

- **January 18:** Martin Luther King, Jr. Day of Service
- **April 23:** Earth Day in Kent
- **June 4:** National Trails Day

Please register online by noon at least three days before each event: KentWA.gov/ComeVolunteer or call Victoria Andrews at 253-856-5113.

ANNUAL CHRISTMAS TREE RECYCLING

On **Saturday, January 2, 2016**, from 9 a.m. to 4 p.m., our local Boy Scout troops will once again be collecting and recycling Christmas trees in neighborhoods around Kent for a suggested donation of \$5.

Trees should be out on the curb by 8 a.m. For more information, please contact the Kent Lions & Foundation **(253-852-5466)** or check the city's community calendar at KentWA.gov.

The City of Kent also provides free curbside pickup of Christmas trees **January 4-8** for residential garbage customers within the Kent city limits. Watch for the event flyer in the mail mid-December.

Reservation Policy

- Reservations start February 1, 2016.
- Please call (253) 856-5000 for park rentals.
- Payment is due upon receipt of application.

Park Use Fees

Park use fees are based on the number of people attending the event and for each picnic shelter required for the size of group.

Daytime/ Evening Rental (9 am to 2 pm, 3 pm to dusk)		All Day Rental (9 am to dusk)
1 to 60 guests	\$100	\$175
61 to 120 guests	\$200	\$350
121 guests or more**	\$250	\$450

If a group exceeds the capacity limit of requested shelter, group will be required to reserve an additional shelter.

**Groups larger than 120 guests must have prior approval from Parks Rental Coordinator.

Additional fees may be assessed depending on the type of activity/event planned.

Reception Hall Rental Facilities

The following rooms and facilities are a great place for a wedding reception, birthday party, holiday event, or company meeting. For more information, call (253) 856-5000 or the number noted.

Kent Commons

525 Fourth Avenue N. • Call (253) 856-5000.

- **Crystal Mountain Hall**
- **Multi-Purpose Room #1 or #2**
- **Green River Room**

Kent Memorial Park Building

850 N. Central.

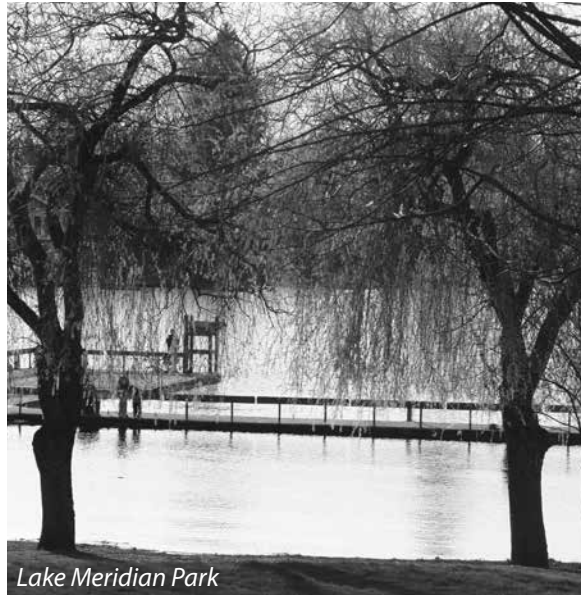


Kent Senior Activity Center (above)

600 E. Smith St. • Call (253) 856-5150.

In addition to the many parks that the public can enjoy without charge, City of Kent Parks, Recreation and Community Services has park facilities that can be rented for picnics, meetings, family parties and athletic events. Stop by the Kent Commons building, 525 4th Ave. N., Kent, or call (253) 856-5000 for information.

Park Rental Facilities



Lake Meridian Park

Briscoe Park, S. 190th St.
Large walk-in park located near the Kent/Tukwila border. Features two large shelters, play area and portable toilet.

Kent Memorial Park, 850 N. Central Avenue
Located near downtown Kent. Features small picnic shelter, cooking grills, picnic tables, playground, public art and restrooms.

Lake Meridian Park, 14800 S.E. 272nd St.
Large covered shelter, cooking grills, large playfield, swimming beach, fishing, boat launch, public art, playground and restrooms.

Mill Creek Canyon Earthworks Park

742 E. Titus St.
An internationally recognized landscape designed by Herbert Bayer and the City of Kent's first designated landmark. Features the Earthworks, public art, paved walking trails, amphitheater with row seating and restrooms.



Mill Creek Canyon Earthworks Park

Morrill Meadows, 10600 S.E. 248th St.
Located on East Hill of Kent. Features cooking grills, drinking fountain, greenbelt, multi-use playfield, parking, large picnic shelters, playground, public art, restrooms and trails.

Russell Road Shelter, 24400 Russell Rd. S.
Features tables, cooking grills, shelter, water, playground, restrooms and horseshoe pits (not available on weekends during tournament play).

Van Doren's Landing Park, 21901 Russell Rd.
Features two large picnic shelters, large playfield, restrooms, horseshoe pits, public art, paved walking trail and playground.



Morrill Meadows

PARKS AND PROGRAM SITES

American Colleges of Mixed Martial Arts

(ACMMA)
1209 Central Ave. S.

Arbor Heights 360 Skate Park,

11525 SE 240 St

Bereiter House/Greater Kent Historical Society Museum,

855 E Smith St

Boeing Employees Tennis Center,

6727 S 199 Pl

Briscoe Park,

S 190 St

Burlington Green,

W Meeker & Railroad Ave N

Campus Park,

Canyon Drive & S 252 St

Canterbury Park,

24409 100 Ave SE

Centennial Center,

400 W. Gowe St.

Chestnut Ridge Park,

9901 S 203 St

Clark Lake Park,

between SE 240 & SE 248 @ 127 Ave SE

East Hill Park,

10920 SE 248

Eastridge Park,

143 SE & SE 257

First Ave Plaza,

219 1 Ave S

Foster Park,

259 & 74 Ave S

Garrison Creek Park,

218 St & 98 Ave S

Glenn Nelson Park,

Military Rd & S 268

Grandview Off-Leash Dog Park,

3600 S 228th St, SeaTac

Green View Park,

SE 277 Pl & 120 Pl SE

Hart's Gymnastics Center,

26415 79 Ave S, Kent
(253) 520-1973

Kaibara Park,

1 Ave between W Smith & W Meeker St.

Kent Bowl,

1234 N Central Ave
(253) 852-3550

Kent Centennial Center,

400 W Gowe St

Kent Commons,

525 4 Ave N

Kent Kherson Peace Park,

2 Ave & W Gowe St

Kent Library,

212 N 2 Ave

Kent Lions Skate Park,

W Smith & Interurban Trail

Kent Memorial Park Building,

850 N Central Ave

Kent-Meridian Performing Arts Center,

10020 SE 256 St

Kent Parks Community Center,

11000 SE 264 St

Kent Meridian Pool,

25316 101 St SE

Kent Rotary Downtown Basketball Court,

James St (SE 240)

Kent Senior Activity Center,

600 E Smith St
Kent Valley Ice & Events Centre,
6015 W James St

Kentwood Performing Arts Center,

25800 164 Ave SE, Covington

Kiwanis Tot Lot #1,

S. 1 Ave & W Crow St

Kiwanis Tot Lot #2,

N. 2 Ave & W Cloudy St

Kiwanis Tot Lot #3,

Alexander St between E Chicago & E Seattle St

Kiwanis Tot Lot #4,

S 5 Ave & W Crow St

Lake Fenwick Park,

25828 Lake Fenwick Road

Lake Meridian Park,

14800 SE 272 St

Linda Heights Park,

S 248 & 35 Ave S

Meridian Glen Park,

137 Ave SE & SE 275 Pl

Mill Creek Canyon Earthworks Park,

742 E Titus St

Morrill Meadows Park,

10600 SE 248 St

Neely-Soames Historic Home,

5311 S 237 Pl

Old Fishing Hole,

Frager Rd, S of W Meeker St

Rosebed Park,

1 Ave between W Gowe & W Meeker St

Riverbend Golf Complex,

2019 W Meeker St

Hogan Park at Russell Road,

24400 Russell Rd

Salt Air Vista Park,

24615 26 Pl S

Saqra's Studio,

23625 41st Ave.

Scenic Hill Park,

25826 Woodland Way S

Service Club Ballfields,

14402 SE 288 St

Seven Oaks Park,

SE 259 St & 118 Pl SE

ShoWare Events Center,

625 W. James St
(253) 856-6999

SKIP/Children's Therapy Center (SKIP/CTC),

10811 Kent-Kangley Rd
(253) 854-5660

Soos Creek Maintenance Bldg,

24810 148 Ave SE

Soos Creek Park/Gary Grant Park-King Co,

SE 208 @ 136 Ave SE

Springwood Park,

SE 274 St & 128 Pl SE

Three Friends Fishing Hole,

S 196 St & 58 Pl

Titus Railroad Park,

1 Ave & Titus St

Town Square Plaza,

2 Ave & Harrison St

Turnkey Park,

23312 100 Ave SE

Uplands Playfields,

836 W Smith St

Van Doren's Landing,

21901 Russell Rd

West Fenwick Park,

3824 Reith Rd

West Hill Skate Park,

42 Ave S & Reith Rd

Willis Street Greenbelt,

W Willis between 4 Ave S & 6 Ave S

Wilson Playfields,

13028 SE 251 St

Yangzhou Park,

Railroad Ave & W Smith St

KENT SCHOOL DISTRICT/ FEDERAL WAY SCHOOLS

Carriage Crest Elementary

18235 140 Ave SE, Renton

Daniel Elementary,

11310 SE 248 St

East Hill Elementary,

9825 S 240 St

Emerald Park Elementary,

11800 SE 216 St

Fairwood Elementary,

16600 148 Ave SE, Renton

Glenridge Elementary,

19405 120 Ave SE, Kent

Grass Lake Elementary,

28700 191 Pl SE, Kent

Horizon Elementary,

27641 144 Ave SE

Kent Elementary,

24700 64 Ave S

Kentlake High School,

21401 SE 300 St, Kent

Kent-Meridian High School,

10020 SE 256 St

Kent Mountain View Academy,

22420 Military Rd, S, Des Moines

Kentridge High School,

12430 SE 208 St

Kentwood High School,

25800 164 SE, Covington

Lake Youngs Elementary

19660 142 Ave SE, Kent

Martin Sortun Elementary,

12711 SE 248 St

Meadow Ridge Elementary,

27710 108 Ave SE

Meeker Middle School,

12600 SE 192 St, Renton

Meridian Elementary,

25621 140 Ave SE

Meridian Middle School,

23480 120 Ave SE

Mill Creek Middle School,

620 N Central Ave

Millennium Elementary,

11919 SE 270 St

Neely-O'Brien Elementary,

6300 S 236 St

Northwood Middle School,

17007 SE 184 St, Renton

Panther Lake Elementary,

20831 108 Ave SE

Park Orchard Elementary,

11020 SE 232 St

Pine Tree Elementary,

27825 118 Ave SE

Ridgewood Elementary,

18030 162 Pl SE, Renton

Sawyer Woods Elementary

31135 228 Ave, Black Diamond

Scenic Hill Elementary,

26025 Woodland Way S

Soos Creek Elementary,

12651 SE 218 Pl

Springbrook Elementary,

20035 100 Ave SE

Sunrise Elementary,

22300 132 Ave SE

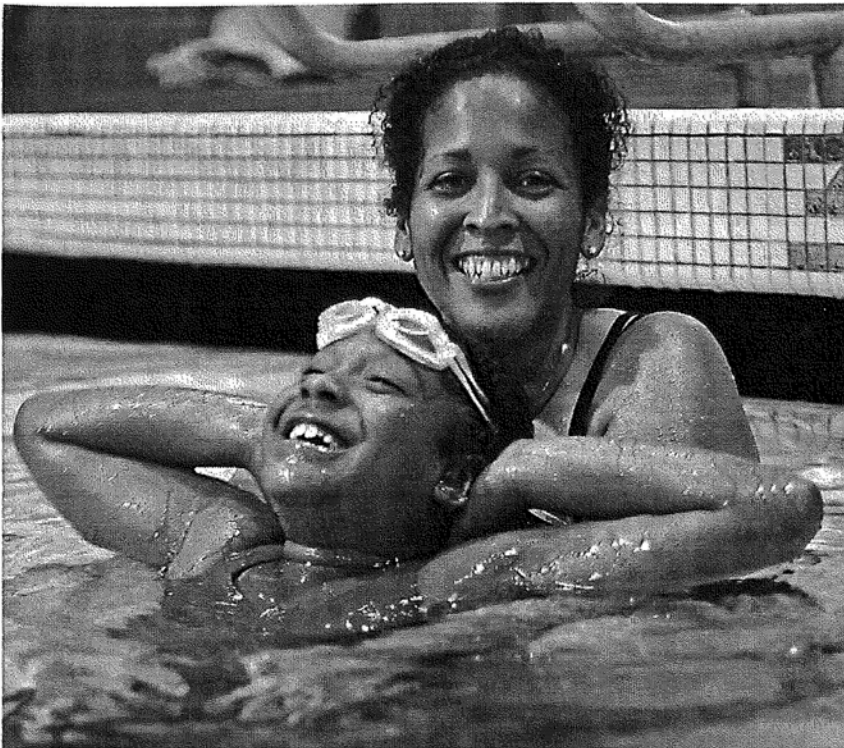
Sunnycrest Elementary,

24629 42 S (West Hill)

Totem Middle School,

26630 40 S (West Hill)

Unless otherwise noted, all addresses are in Kent. For directions, go to KentWA.gov/parks



My Mother feared
for my safety more than
she feared the water...
so I was taught to swim.
My Mother never
swam... but now **her**
granddaughter
swims like a fish.

Children of parents who don't swim are significantly more likely to drown because they, too, never learn to swim. And each generation the problem compounds itself.

Contact your Kent-Meridian Pool today to schedule lessons and help us break the cycle.

CALL: 253.854.9287

MAKE SWIMMING HEREDITARY - PASS IT ON

Kent Meridian Pool

Fall 2015 ~



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:00am	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	King Aquatics Club & City of Kent Special Pops	Available For Rentals Contact Front Desk For Details
7:00-8:00am	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance		
8:00-9:00am	Shallow Water Aerobics	Deep Water Aerobics & Water Walking	Shallow Water Aerobics	Deep Water Aerobics & Water Walking			
9:00-10:00am	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons			
10:00-11:00am							
11:00am-12:00pm	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	Lap Swim & Water Walking	AMG Swim Lessons 11am-12pm	AMG Swim Lessons
12:00-1:00pm						Lap Swim & AMG Swim Lessons 12pm-1pm	
1:00-2:00pm	Lap Swim & Family Swim	Lap Swim & Arthritis Ex Class	Lap Swim & Family Swim	Lap Swim & Arthritis Ex Class	Lap Swim & Family Swim	Public Swim 1pm-2pm	King Aquatic Club
2:30-5:00pm	High School Swim Team	High School Swim Team	High School Swim Team	High School Swim Team	High School Swim Team	Women's Only Swim 1st & 3rd Sat 2:30-4:30pm	
5:00-6:30pm	King Aquatic Club & AMG Swim Lessons	King Aquatic Club & AMG Swim Lessons	King Aquatic Club & AMG Swim Lessons	King Aquatic Club & AMG Swim Lessons	King Aquatic Club & AMG Swim Lessons	Available for Rental Contact Front Desk For Details	
6:30-8:00pm	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons	AMG Swim Lessons/Deep Water Aerobics		
8:00-9:00pm	Lap/Family Swim	Public Swim	Lap/Family Swim	Public Swim	Lap/Family Swim		





Kent Meridian Pool

*Sign Up For 2 Day-A-Week Swim Lessons
&
Get 1 Swim Lesson Free!!*

One use per household





Kent Meridian Pool

*Free Week Pass for unlimited
Water Ex.*

Valid only for first time visitors

One use per household

Kent Meridian Pool
25316 101st Ave SE
Kent, WA 98030
253-854-9287

www.KentMeridianPool.com




Kent Parks, Recreation and Community Services

Kent Commons
525 Fourth Avenue North
Kent, WA 98032-4497

PRSRT STD.
U.S. POSTAGE
PAID
Permit #137
Kent, WA

ECRWSS Residential Customer

 This publication is printed on
recycled paper and can be recycled.

REGISTRATION INFORMATION



MAIL IN

Send form and payment to Kent Commons Registration, 525 Fourth Ave. N., Kent, WA 98032-4497. Make checks payable to City of Kent. Allow 3 days for mail delivery. Do not send cash.



FAX

Fill out registration form. Include V/MC number and expiration date. Send to Kent Commons at **(253) 856-6000** 24 hours/day (will be processed the next working day; handled as mail-in registration).



PHONE IN

(253) 856-5000 Have charge card and guide handy! Fill out form before you call Monday-Thursday 6 am-10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



WALK IN

Kent Commons, 525 Fourth Ave. N. (Corner of 4th and James) Monday-Thursday 6 am - 10 pm, Friday 6 am-9 pm, Saturday 8 am-9 pm.



ONLINE

Visit our website at **webreg.KentWA.gov** 24 hours a day! Have V/MC number, expiration date, client number and family PIN handy.

POLICY

1. Register early to ensure likelihood of placement in class of first choice.
2. Registration is processed on a first come, first served basis.
3. For mail in or FAX registrations, you will be called for second choice if class is filled.
4. Confirmations are available upon request.
5. The Department has the right to change content and provision of classes.
6. There will be a \$25 fee for returned checks.

REFUNDS/CREDITS

1. Full refunds will be given for any classes postponed, rescheduled or cancelled by the Department.
2. A \$5 service fee will be deducted from every approved refund.
3. Credit for the full registration may be issued in lieu of a refund. Credits will remain on your account for one year, at which time you will receive a refund for any amount over \$25.
4. Three days notice prior to class start date required on all requests for refunds or transfers.
5. No refunds will be given after one-half of program is over.
6. No refunds/transfers will be given for one-day workshops or classes once completed – no exceptions.
7. Some programs have specific refund policies. Please check prior to registration.

SPECIAL NEEDS

1. People with special needs are encouraged to participate in any program.
2. If you have needs requiring special services, indicate this on registration form. For TDD users, call **1-800-833-6388**; Telebraille, **1-800-833-6385**; and Voice, **1-800-833-6384**. This service is provided by Washington State Telecommunications Relay Service at no cost except long distance charges.

ACCESS TO RECREATION/SCHOLARSHIPS

Kent Parks, Recreation and Community Services is dedicated to enriching lives. A goal within that mission is to ensure that every pre-school child and school-age youth residing within the City of Kent or Kent School District has full access to a wide variety of recreational opportunities regardless of family income or ability to pay.

Applications for assistance are available at the Kent Commons. Residency and other restrictions apply—please call **(253) 856-5000** for more information.